# You are not alone.



ly voice rises God, and , will hear.

"Even in the midst of our deepest pain, God always hears our call. He is there and He cares about what we are going through."



# A letter from Pastor Brady Boyd

There are times in our lives when we are moving forward, and then life surprises us with a difficult circumstance. We find that we need additional support and care to navigate this new terrain. New Life Care Ministries exist to walk alongside you in your journey by providing care, connections, and resources.

This booklet was created to point you to hope as you read the powerful scriptures of God's promises to us. We want to encourage you with testimonies of God's faithfulness from those in our church and practical connections that will lead you toward restoration and healing.

Our Pastoral Care, Healing Care, and Family Care teams are uniquely designed to help you and your loved ones during times of crisis and need. Our staff and volunteers are individuals who are willing to allow God to use their stories to minister to others. Celebrate Recovery, DivorceCare, GriefShare, Cancer Support, along with one-on-one coaches are just a few examples of assistance available.

New Life Church is in the city for the sake of the city, so even if you are not a regular attender at

New Life, we want to support you in finding connections and resources in our church and community.

If you've picked up this booklet, you or someone you know might be going through a painful time and you're looking for answers. Often, when we are hurting, we isolate ourselves or think that no one will understand what we are going through. It is also common to find that in times of stress we are unable to think clearly or make decisions. You are not alone. Please reach out to our New Life Care Ministries listed in this book and let us walk with you.

Blessings,

Pastor Brady Boyd Senior Pastor, New Life Church

12 Down Fool, will you not execute judgment on them? For we are powerless against this great horde that is coming against us. Me do not know what to do, but our eyes are on you.

"2 Chronicles 20 has sustained us through seeking direction and protection for our family. I love how transparently Jehosephat lived his faith and dependence on God, and his reliance on God's character and promises. In verse 12b, Jehosephant declares, "We do not know what to do but our eyes are on You." This verse has helped us remember that the battle is His—and our job is to take up position, stand firm, and see the deliverance of the Lord!"



## A letter from Pastor Michelle Anthony

One of the most important aspects of being a church is the care that we offer for one another. This care can be demonstrated in times of joy or in times of difficulty or despair. As the family of God, we care for one another as brothers and sisters in Christ. This is why at New Life North, we have created three components of care within our Care Ministries.

#### **Pastoral Care**

Supporting your family through life's biggest moments.

Our Pastoral Care team exists to walk alongside you and your loved ones during your decision to get married or baptized as well as play a vital role in caring for your family through the death of a loved one. We also place high value on the ministry of prayer during these and other life events.

#### **Healing Care**

Restoring all God has for your life.

Our Healing Care team exists to serve one another as we seek greater understanding of God's truth and provision for healing lives, restoring identity and destiny. Healing Care is New Life Church's response to Christ's on-going mission today to heal, save and deliver and endeavor's to do so through Celebrate Recovery, Sessions and Healing Journeys classes.

#### **Family Care**

Supporting you and your loved ones in diverse times of crises/need.

Our Family Care ministry allows for the family of God to care for the family of God by connecting those with similar stories to walk alongside one another. Our volunteer and staff teams will provide practical and pastoral care through varied touch points in our church or care options in our community.

As you explore the varied care resources and opportunities within this booklet, my prayer is that you will both find a place to care and be cared for at New Life North.



Our Family Care team exists to walk alongside you and your loved ones in diverse times of crisis and need. Our volunteer and staff teams will provide practical and pastoral care through varied touch points in our church or care options in our community.

Family Care: The family of God caring for the family of God.



#### **Meals/Shopping**

Volunteer teams that serve by delivering meals/gift cards, light shopping for families in need and creating/delivering care baskets.

#### Words of Hope

Caring for the church with words of encouragement.

#### **Care Baskets**

Teams creating and delivering baskets to bring joy to those who are hurting.

#### **Home/Hospital Visits**

Volunteers visiting those who are home or hospital bound.



#### **Individual Connections**

Eating Disorders, Co-Dependency, Family Support for Drug/Alcohol Addiction, Healing after Abortion, Childhood Sexual Abuse, Domestic Violence, Healing in the Wake of His Pornography Addiction, Miscarriage & Pregnancy Loss, Suicide, Infertility, Teen Pregnancy, Widows, Children with Cancer, Difficult Diagnosis, Financial Coaching

#### **Small Group Connections**

DivorceCare, DivorceCare 4 Kids, GriefShare, Grace/Truth (LGBT+ Conversations), Adoptive Moms Support Group, Single Parenting, Hope for Cancer, Fresh Hope (Mental Health), Pregnancy, Birth & Beyond

#### Ministries

Financial Peace, Deaf/Signing Ministry, Mental Health & Wellness, Specialized Needs (Adults & Children)



#### **NAMI - National Alliance on Mental Illness**

Website: namicoloradosprings.org

#### **Colorado Crisis Services Hotline**

Phone: (844) 493-8255, or text "TALK" to 38255

This hotline will connect you to a crisis counselor or trained professional

#### Tessa - Crisis hotline for Domestic Violence and Sexual Assualt

Main Office, for general inquires only: (719) 633-1462 Safe Line, for emergency/advocacy only: (719) 633-3819

#### Suicide Hotline - National Suicide Prevention Lifeline

Phone: (800) 273-TALK (8255)

#### **Safe Families for Children Hotline**

Website: safe-families.org

Pikes Peak Safe Families is committed to serving families in crisis by partnering with local churches, where families open their homes and lives to vulnerable children.

#### CarePortal

Website: careportal.org/group/new-life-north/95804/

Combat the foster care crisis in our church and city. A few examples of needs are: twin beds, car seats, meal delivery, mentorship and transportation. Sign up and view current needs at the website.

#### **Catholic Charities**

Phone: (719) 636-2345

Humbly engaging in the ministry of charity for those in both economic and spiritual poverty so that all may fully achieve their God-given potential.

#### **Pikes Peak Community Health**

Phone: (719) 632-5700

Peak Vista Community Health Centers dedicated to providing exceptional medical and dental care that incorporates behavioral health services in a collaborative team setting for people of all ages.





Our Healing Care team exists to journey with you from pain and loneliness to a place of healing connection with God and people. Your story matters and it is our prayer to see the Spirit of God fill you and continue to write a story of hope. We will walk with you as you see a transformation from encountering, experiencing, and responding to God.

### Celebrate Recovery

Celebrate Recovery is a Christ-centered, ongoing 12 step recovery for anyone struggling with hurts, hang-ups, or habits of any kind. Celebrate Recovery offers a safe place to find community and freedom from the issues that are controlling our lives, while sharing a meal and worshiping together. While attending Celebrate Recovery we find the power to change through a relationship with God, and a pathway to wholeness, growth, and spiritual maturity.

## Sessions

Sessions are one-on-one prayer/support appointments which are offered throughout the week to those on their Inner Healing Journey, finding the help needed to encounter the presence of God to move out of a painful past and grow more secure in one's identity in Christ. In a safe setting a trained caregiver and intercessor will walk with you to bring you closer to Jesus' healing and wholeness through truth and acceptance.

## Healing Journey for Men/Women

This 29-week, comprehensive Bible study is loaded with proven and effective tools to help individuals move toward a place of wholeness and freedom, regardless of whether their issues are mild and typical, or horrendous and devastating. Our goal is to gain an understanding of why our life gets off track and the role God wants to play in our journey. It is a place where anyone desiring to learn and experience God's Biblical principles for healing, can move toward a more satisfying life. The Healing Journey provides an opportunity to heal from mental, emotional, and spiritual wounds.

#### **Contact Info**

Healing Care Email: HCAdmin@newlifechurch.org Phone: (719) 234-7752

#### **Celebrate Recovery**

Email: celebraterecovery@newlifechurch.org

Fod is within her,

she will not fall.

God will help her at the break of day.

SALM 46:5

"When my husband died and I was left to raise my 16, 12 and 7 year old children on my own, and walk with them through this devastating loss we all faced, I felt utterly broken and unequipped. Psalms 46:5 gave me hope in knowing God saw me and he had me."

will soar on wings eagles: The not walk hey

"Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint" (Isaiah 40:28-31). These are the verses I return to again and again. Why? Because I need strength for every day. I need His hope for every day. I need His hand to carry me through when I don't think I can make it another night, or with whatever life is throwing at me. "

**ISAIAH 40:31** 

## Pastoral Care: Supporting your family through life's biggest

**Our Pastoral Care team exists to** walk alongside you and your loved ones during your decision to get married or baptized. as well as playing a vital role in caring for your family through the death of a loved one, helping to facilitate funerals and memorial services.

We also place high value on the ministry of prayer during these and other life events through the New Life Prayer Team. I have always believed that people should be able to pray for each other at church. That is why I invite our prayer ministry team to the front after each service and ask anyone who needs prayer to come forward. It is an open invitation with no pressure at all to respond.

People come to church for a lot of different reasons, but I am convinced that many seekers come to church because they are hungry for authentic spirituality. Recently, a couple came to the front, and I happened to be there. I asked how I could pray for them, and the man confessed that he had recently been diagnosed with prostate cancer. I prayed for him and then offered some encouragement. Turns out, they were first time guests. Without my invitation to come forward for prayer, he could have attended our service but walked away without anyone praying for his very serious condition. Plus, I was able to make a connection with them as a pastor. This is the very reason I believe so strongly in prayer ministry. It allows people to immediately respond to the message and allows them to receive prayer at church.

- Pastor Brady Boyd

#### **Urgent Pastoral Care**

**Main New Life Number** (719) 594-6602

## Who to contact when:





FamilyCare@newlifechurch.org

Needing a support group or wanting to lead one (e.g. cancer, pregnancy, divorce, grief/loss, sexual identity, pornography, abortion).

Looking for care resources in the community.

Wanting to participate in Critical Conversations regarding mental health, sexuality and identity issues.

Providing meals, care baskets and cards for those in need.

Wanting to serve or participate in specialized needs ministry to kids or adults.

Wanting to find community as a young married couple.

Wanting to find or become a marriage mentor.

Wanting support when going through a divorce or loss of a loved one.

#### **Pastoral** Care (719) 265-3117

Wanting to be a part of the prayer team and ministry.

Needing to plan a memorial or a funeral.

Wanting to get baptized.

Needing premarital counseling.

#### **Healing Care** (719) 234-7752

Those finding it difficult to connect with God and other people.

Life situations needing someone to be present, have a listening ear, and to walk alongside them.

Struggling with spiritual oppression.

PastoralCare@newlifechurch.org

Wanting to have a wedding at NLC. Needing professional counseling. Needing a hospital visit.

HCAdmin@newlifechurch.org

Desiring to have intercessory prayer and spiritual guidance. Help with a hurt, a hangup, or a habit.

Looking for practical next steps and community.

Wanting to participate in a Healing Journeys course.



Your Story Matters

<sup>3</sup> Praise be to the God and Father of our ord Jesus Christ. the Father of compassion and the God of all comfort, who comforts us in all our troubles. so that we can comfort those in any trouble with the comfort we ourselves receive from God.

Woven into each of our stories are difficult seasons, followed by hope and healing.Sharing your story might help another person or family realize they aren't alone.Parent Mentors, Marriage Mentors, Meals Ministry, Elderly/Sick Shut-In Ministry, PrayerTeams and Support groups are just a few of the many ways that you can participate.

If you have a desire to walk alongside someone during their challenging season, we would love to connect with you! For more information on serving with our team, please email our family care team at **familycare@newlifechurch.org**.

2 CORINTHIANS 1:3-4

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"Psalm 56:8 has meant a lot to me during this grief journey after the passing of my Dad. "You keep track of all my sorrows. You have collected all my tears in your bottle. You have recorded each one in your book." Wow! That's a personal Father."



## Invitation to Hope

There are times in our lives where we feel hopeless because of the circumstances around us. No matter what circumstances we find ourselves in we can find hope in knowing that God (a Good and loving Father) knows what we are going through and deeply cares about us. Although knowing Jesus as Savior does not mean you'll have a trouble free life, we find great hope when we know Him as Lord and Savior of our lives. If you do not know God as your personal Savior, please consider starting a journey with Him by praying this simple prayer: "Lord Jesus, I receive your free gift of salvation by the sacrifice you made on the cross for my sins. I accept your invitation to come into my life and make all things new. I choose this day to trust you for the rest of my life in all things and in every decision. I give you full control of my life and receive Your Spirit to guide my steps. Thank you for your love and grace, in Jesus' name. Amen."

If you have prayed this prayer, we would love to know about it and help you in your new journey of faith. Please email us at **FamilyCare@newlifechurch.org** so we can connect with you.



NewLife**CareMinistries**