



5-Day Devo

for Individuals and Groups

based on

Christian Freedom: Three Questions
[First Corinthians Series]

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Day 1: Understanding True Freedom

Devotional The God-given gift of freedom is a central theme in the Bible, but rather than being viewed as a license to do anything we want, that gift ought to be seen as an invitation to live wisely. As we reflect on our daily choices, we should first ask ourselves: *Is this good for me?* This question helps us evaluate whether our actions are beneficial and align with God's will for our lives, thus honoring (and not squandering) the freedom he's given to us.

Bible Verse "I have the right to do anything,' you say—but not everything is beneficial. 'I have the right to do anything'—but I will not be mastered by anything." —1 Corinthians 6:12

Reflection Questions What choices have you been making that may not be beneficial for your spiritual, physical, or emotional well-being? Are you open to choosing differently today?

Point to Ponder The watchword of the gospel, the central belief of the good news of Jesus Christ, is *freedom*.

Prayer "Lord, thank you for the freedom you have given me. Help me to use this freedom wisely and make choices that are beneficial for my growth and well-being. Guide me today to live in a way that honors you. Amen."

Day 2: Considering Others in Our Freedom

Devotional Our freedom in Christ is not just about us; it also impacts those around us. We must consider whether our actions are putting others at risk. This means being mindful of how our choices affect our family, friends, and the broader community in which we live. By thinking beyond ourselves, we can use our freedom to build others up and have positive, God-honoring impact, which is a crucial aspect of living out our faith and reflecting Christ's love to those around us.

Bible Verse "No one should seek their own good, but the good of others." –1 Corinthians 10:24

Reflection Questions Today, how can you use your freedom to positively impact someone in your relational circle of influence? Will you extend forgiveness? Practice generosity? Pray for someone in need? Offer a word of encouragement? Something else?

Point to Ponder Our freedom in Christ impacts others; we must use it only to uplift, protect, and reflect his perfect love.

Prayer "Heavenly Father, help me to be mindful of how my actions affect others. Give me the wisdom to use my freedom in a way that builds others up and reflects your love. Amen."

Day 3: Advancing God's Kingdom

Devotional Our freedom should also be used to advance God's kingdom, which is why we must consistently ask ourselves if our actions are *helping Christ gain more ground in the world*. By aligning our choices with God's mission, we can contribute significantly to the growth of his kingdom while fulfilling our purpose as his daughters and sons.

Bible Verse "Let us therefore make every effort to do what leads to peace and to mutual edification." –Romans 14:19

Reflection Question In what ways can you use your freedom to advance God's kingdom today? Will you utter the name of Jesus in conversation with a friend? Will you stand against darkness when you're tempted to sin? Will you live with integrity even when you're given permission by the world to choose otherwise?

Point to Ponder A three-fold purpose of our spiritual freedom is to serve others, share the gospel, and make a positive impact in our world.

Prayer "Lord, please help me to use my freedom to serve you and advance your kingdom. Show me how I can make a positive impact and share your love with others. Amen."

Day 4: Sacrificial Living

Devotional The highest use of our freedom is to offer ourselves as living sacrifices to God because it is only by living sacrificially that we demonstrate the love of Christ and fulfill our calling as his followers. This kind of living requires thoughtfulness and intention. It requires our going all-in on the way of Christ.

Bible Verse “Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship.” – Romans 12:1

Reflection Questions How would you define “sacrifice” in your current stage of life? When was the last time you sacrificed on someone else’s behalf?

Point to Ponder The gospel doesn’t just call us to build ourselves up or to refrain from harm, but to *put ourselves in harm’s way for others*.

Prayer “Father, help me break free from rampant selfishness so that I can put others’ needs above my own. Give me the strength and courage to make sacrifices for the greater good and to reflect your love purely at *some point* today. Amen.”

Day 5: Following Christ in All Areas of Life

Devotional Following Christ means using our freedom to honor him in every area of our lives. By surrendering all that we are and all that we have to Jesus, we can live a life that is both pleasing to God and impactful to those around us. Imagine! *A life that is pleasing to God*. Let us strive to follow Christ's example and use our freedom to glorify him in all that we do.

Bible Verse "Follow my example, as I follow the example of Christ." –1 Corinthians 11:1

Reflection Questions How can you follow Christ's example in the ordinary beats of your life today? How will you use your freedom to honor him?

Point to Ponder The highest use of your freedom is following Jesus in your marriage, with your children, in your job, with your money, at your church, with your people, day by day.

Prayer "Lord Jesus, help me to follow your pristine example in every area of my life. Open me up to your counsel. Give me courage to stay the course along your path of righteousness. Remind me to trust you at every turn. Amen."