



## Sermon Discussion Guide for Groups

# “Clothe Yourselves with Humility” | One Another series

**Preached by Pastor Brady Boyd  
26 January 2025**

“Live carefree before God;  
he is most careful with you.”

1 P E T E R 5 : 7 [ M S G ]

### Summary

On Sunday, Pastor Brady’s sermon focused on the theme of humility and emphasized the importance of surrendering ourselves to God so that any elevation or promotion we receive in life comes by his hand and not by our force.

Looking first to 1 Peter 5:5-6, the message encouraged believers to trust wholly in the goodness of God, who delights in and brings favor to the lives of those who humble themselves.

### Opening Prayer

“Heavenly Father, we come before you with open hearts, seeking your wisdom and guidance. As we gather to discuss your Word, your will, and your divine ways, we invite you to disrupt us, to convict us, to reorient us, and to prompt us toward long-lasting change.

“God, sharpen our thinking. Put fitting words on our tongues. Fill us with peace as we look at this subject of humility. We pray you’ll be glorified. In Jesus’ name, we pray. Amen.”

### Getting Going

When have you needed help, even with something incidental or silly, but refused to ask for it? What kept you from reaching out?

## Discussion Questions

1. When have you been blessed by someone else's posture of humility?
2. What stands out to you about Jesus' humility, as described in Philippians 2:5-11? How might you apply this stand-out feature in your own life?
3. What types of circumstances make it most difficult for you to trust God with the outcomes of your life? Which ones make it easiest?
4. How do you suppose it's possible to focus less on ourselves while still feeling confident and valued?
5. How can we check our hearts to make sure we're being humble for the right reasons, rather than merely to "look humble"?

## Making It Personal

This week, direct intentional energy toward earnestly and authentically deferring to someone else, even if you "deserve" to go first, to be first, or to be the one praised.

## Key Takeaways

- God's presence brings peace and guidance and is available to us at all times.
- Humility isn't thinking less of ourselves but thinking of ourselves less.
- Reflecting the humble attitude of Jesus helps us right-size life's challenges.

## Closing Prayer

"Lord, thank you for being here with us right now. We're grateful for your presence and how you steady us when life gets busy. As we step back into the day, keep us focused on what matters—loving others well, staying grounded in you, and showing kindness wherever we go.

"This week, help us keep the attitude of Jesus front and center in our minds and hearts. Teach us that it's not about putting ourselves down, but about lifting others up and trusting your plans over our own. Remind us to listen more, serve with a full heart, and stay open to what you're teaching us—even in the messy moments.

"When life gets frustrating, give us patience. When it's chaotic, give us peace. And when we're tempted to make it all about us, pull us back and point us toward you.

Lord, let us live in a way that makes people see something different in us—something good, something real, something that reflects your love. Thank You for sticking with us and for never giving up on us. In Jesus' name, Amen."

## **Key Passage | 1 Peter 5:5-6**

"In the same way, you who are younger, submit yourselves to your elders. All of you, clothe yourselves with humility toward one another, because, 'God opposes the proud but shows favor to the humble.'

"Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time."

## **Passages for Further Study**

- › Numbers 6:24-26
- › Micah 6:8
- › John 14:27-31
- › Philippians 2:1-11
- › Psalm 29:10-11
- › James 4:8-10