



Sermon Discussion Guide for Groups

“Miriam” | The Story of Us series

Preached by Dr. Daniel Grothe
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“So let’s *do* it—full of belief, confident that we’re presentable inside and out. Let’s keep a firm grip on the promises that keep us going. He always keeps his word. Let’s see how inventive we can be in encouraging love and helping out, not avoiding worshiping together as some do but spurring each other on, especially as we see the big Day approaching.”

H E B R E W S 1 0 : 2 4 - 2 5 , M S G

Summary

Have someone from your group read the following summary aloud.

This sermon dives into the story of Miriam—Moses and Aaron’s sister—and her powerful role as a prophetess and worship leader in Israel. After God parted the Red Sea and freed the Israelites from slavery, Miriam didn’t hold back—she grabbed a tambourine, started dancing, and led the people in an all-out celebration.

Her worship was bold, joyful, and completely uninhibited. And that’s the heart of this message: worship isn’t just about singing songs; it’s a passionate response to God’s deliverance and a powerful weapon in spiritual battles.

Opening Prayer

Open your session in prayer, using the words below or your own.

“Lord God, as we gather to discuss your Word, open our hearts and minds to understand the power of authentic worship. Help us to be receptive to what you want to teach us through the brave, beautiful example Miriam set. Guide our conversation and reveal to us how we can worship you more fully with all of our heart, soul, mind and strength. Amen.”

Getting Going

Allow time for each person in the group to answer the following question.

What's your favorite way to celebrate when something good happens in your life?

Discussion Questions

Answer as many of the following questions as time and interest permit.

1. Why do you think expressive worship can be challenging for some people?
2. In your own life, how have you seen worship serve as a form of spiritual warfare?
3. In what ways have you been holding back in worship? How might remembering God's past faithfulness affect your present worship?
4. What practical steps can you take to become more expressive in your worship?

Making It Personal

Take the opportunity noted below to apply this week's sermon to your everyday life.

This week, challenge yourself to step out of your comfort zone in worship. Choose one new way to express your praise to God, whether it's through raising your hands, kneeling, dancing, or using your voice in a new way. Practice acknowledging God's presence and sovereignty in your life through some form of physical expression.

Key Takeaways

Commit to memory one point from the message before you dismiss.

Which of these points will you carry with you this week?

- Worship is meant to engage our whole being: heart, soul, mind, and strength.
- Expressive worship is both a celebration of God's deliverance and a form of spiritual warfare.
- God often uses our areas of past pain as platforms for future praise.

Closing Prayer

Have someone from your group close your time in prayer.

"Heavenly Father, thank you for the example of Miriam and her bold, expressive worship. Please help us to break free from any inhibitions or fears that hold us back from worshiping you fully! Give us the courage to express our praise with abandon, knowing that our worship is both a celebration of your goodness and a weapon against the enemy. May we leave here today with a renewed commitment to worship you with everything we are. In Jesus' name, Amen."

Key Passage | Exodus 15:20-21, NIV

These verses were highlighted during this week's sermon and appear here for your reference.

"Then Miriam the prophet, Aaron's sister, took a timbrel in her hand, and all the women followed her, with timbrels and dancing. Miriam sang to them: 'Sing to the Lord, for he is highly exalted. Both horse and driver he has hurled into the sea.'"

Passages for Further Study

- Psalm 47
- Ephesians 6

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