



## **Sermon Discussion Guide for Groups**

# **“The One Who Delivers You”**

**Preached by Tyler Staton**

**January 11, 2026**

## **Summary**

*Have someone in your group read the following summary aloud.*

Pastor Tyler Staton delivered a powerful message about God's pursuing love, drawing from Exodus 33 and the Song of Songs. He explored how Moses wanted more of God's glory but received God's goodness instead - His mercy and compassion. Pastor Staton emphasized that while we often see ourselves as flawed and dark, God sees us as altogether beautiful with no flaws. The sermon revealed that Jesus is the seeker, not the sought, and that God's love is stronger than our failures. He closed the message with the truth that 'the one who delivers you delights in you' - God is not just powerful but is also deeply in love with His people.

## Key Passages

- Exodus 33:18-19
- Song of Songs 1:5
- Song of Songs 4:7
- Song of Songs 7:10

## Opening Prayer

*Open your session in prayer, using the words below or your own*

**Heavenly Father**, as we gather today, we ask that You open our hearts and minds to receive what You want to speak to us. Help us to set aside our preconceptions and distractions and make us receptive to Your voice. Lord, we pray that through our discussion today, You would reveal more of Your character and Your love for us. Give us ears to hear and hearts to understand. We invite Your Holy Spirit to guide our conversation and draw us closer to You and to one another. In Jesus' name, **Amen**.

## Getting Going

*Allow time for each member to answer the following questions before moving on.*

What is one thing about yourself that you think makes you unique or special, even if others might not notice it?

## Discussion Questions

*Answer as many of the following questions as time and interest permit.*

1. Pastor Staton mentioned that Moses wanted God's glory but received God's goodness instead. What's the difference between seeking God's power versus seeking God's love and presence?
2. The sermon talked about parts of ourselves we're afraid to show God. What prevents us from being completely authentic in God's presence?
3. How does understanding that 'Jesus is the seeker, not the sought' change your perspective on your relationship with God?
4. Pastor Staton said, 'You are not what you're made of; you are who God made you.' How can this truth help us deal with shame or regret from our past?
5. The message emphasized that God sees our 'blemishes' as beauty. How might this change the way we view our weaknesses or struggles?
6. What does it mean to 'receive' God's goodness rather than try to earn it through our efforts?
7. Pastor Staton warned against 're-upping on ambition' and self-improvement. How do we balance personal growth with accepting God's love as we are?

## Making It Personal

*Take the opportunity noted below to apply this week's sermon to your everyday life*

This week, practice 'receiving' God's love rather than trying to earn it. Each morning, spend a few minutes reminding yourself that you are God's beloved - that He delights in you not because of what you do, but because of who you are to Him. When you catch yourself focusing on your flaws or failures, intentionally redirect your thoughts to God's perspective of you as 'altogether beautiful.'

## Key Takeaways

*Commit to memory one point from the message before you dismiss.*

- God sees us as altogether beautiful with no flaw, even when we see ourselves as dark and flawed.
- Jesus is the seeker pursuing us, not the other way around - we are always the pursued, never the pursuer.
- What got us here (God's glory/power) won't get us there - we need God's goodness (mercy and compassion).
- The one who delivers us also delights in us - God is both powerful and deeply in love with His people.

- We cannot earn God's love through self-improvement or spiritual disciplines - it can only be received as a gift.

## Closing Prayer

*Have someone from your group close your time in prayer, using the words below or your own.*

**Lord Jesus**, thank You for pursuing us with Your relentless love. Help us to truly believe that we are Your beloved, that You delight in us not because of our performance but because of Your great love. When we are tempted to hide our flaws or try to earn Your approval, remind us that You see us as altogether beautiful. Give us the grace to receive Your goodness - Your mercy and compassion - rather than striving in our own strength. May we live this week from the security of knowing that the one who delivers us also delights in us. Transform our hearts to reflect this amazing truth. In Your precious name, **Amen**.