



Sermon Discussion Guide for Groups

“Ten Commandments”

Preached by Daniel Grothe

February 8, 2026

Summary

Have someone in your group read the following summary aloud.

Pastor Daniel explores the Ten Commandments from Exodus 20, emphasizing that God first declares His love and salvation before giving commands. The message reveals three key insights: there is a moral grain to the universe that leads to flourishing when followed; generational freedom is available to those who covenant with God; and Jesus' Beatitudes show us what the Ten Commandments were meant to produce in human character. The sermon concludes with Corrie ten Boom's powerful story of supernatural forgiveness, demonstrating how God's Spirit enables us to live out these principles even in impossible circumstances.

Key Passages

- Exodus 20:1-17
- Psalm 121:1-3
- Proverbs 14:12
- Galatians 5:1
- Matthew 5:3-12

Opening Prayer

Open your session in prayer, using the words below or your own

Heavenly Father, as we gather today to study Your Word, we ask that You open our hearts and minds to receive what You want to teach us. Help us to set aside our preconceptions and distractions, and make us receptive to Your truth. We pray that Your Holy Spirit would guide our discussion and help us to understand not just with our minds, but with our hearts. Show us how to apply these ancient truths to our modern lives. We ask this in Jesus' name, **Amen**.

Getting Going

Allow time for each member to answer the following questions before moving on.

What's one rule or guideline from your childhood that you initially didn't understand but later realized was for your own good?

Discussion Questions

Answer as many of the following questions as time and interest permit.

1. How does understanding that God saved us before giving us commands change your perspective on the Ten Commandments?
2. What does it mean that there is a 'grain to the universe' and how have you experienced this in your own life?
3. Pastor Daniel mentioned that 'freedom always precedes obligation' with God. How does this differ from the world's approach to rules and freedom?
4. How can we break generational cycles of sin while still honoring our parents as the commandment requires?
5. What's the difference between God's 'jealousy' and human jealousy? Why is God's jealousy good news?
6. How do Jesus' Beatitudes help us understand what kind of people the Ten Commandments are trying to make?
7. Corrie ten Boom said, 'forgiveness comes after the decision, not before.' What does this mean practically in difficult relationships?

Making It Personal

Take the opportunity noted below to apply this week's sermon to your everyday life

This week, identify one area where you've been going 'against the grain' of God's universe - perhaps in relationships, work, rest, or priorities. Choose one specific step you can take to align your life more closely with God's design, and ask Him for the supernatural strength to live it out, especially when it feels difficult or impossible.

Key Takeaways

Commit to memory one point from the message before you dismiss.

- ☐ God saves us first, then calls us to obedience - freedom always precedes obligation in God's kingdom.
- ☐ There is a moral grain to the universe; working with it leads to flourishing, working against it leads to destruction.
- ☐ Generational curses can be broken through covenant relationship with God, leading to blessing for a thousand generations.
- ☐ The Beatitudes show us what kind of people the Ten Commandments are designed to create.

- Supernatural forgiveness and obedience are possible through the power of Jesus' Spirit, even in impossible circumstances.

Closing Prayer

Have someone from your group close your time in prayer, using the words below or your own.

Lord Jesus, thank You for showing us that Your commands are not burdens but pathways to freedom. Help us to trust that Your ways are always for our good, even when they're difficult to understand or follow. Give us the courage to break free from generational patterns that don't honor You, and the strength to live as Beatitude people in a broken world. When we face impossible situations that require supernatural love and forgiveness, remind us that You provide the power to obey. May we choose life and build our lives on the solid rock of Your truth. In Your precious name we pray, **Amen**.