



# Congregational Care

## Community Resource List

### Disclaimer

This database is provided as a helpful resource for informational purposes. The individuals, organizations, and services listed are offered as a referral list and are not specifically endorsed or recommended by New Life Church.

While we strive to include reputable and qualified resources, we encourage you to explore each option, do your own research, and use your personal judgment when choosing and working with any service provider.

We hope this database serves as a useful starting point as you seek the support or services you need.

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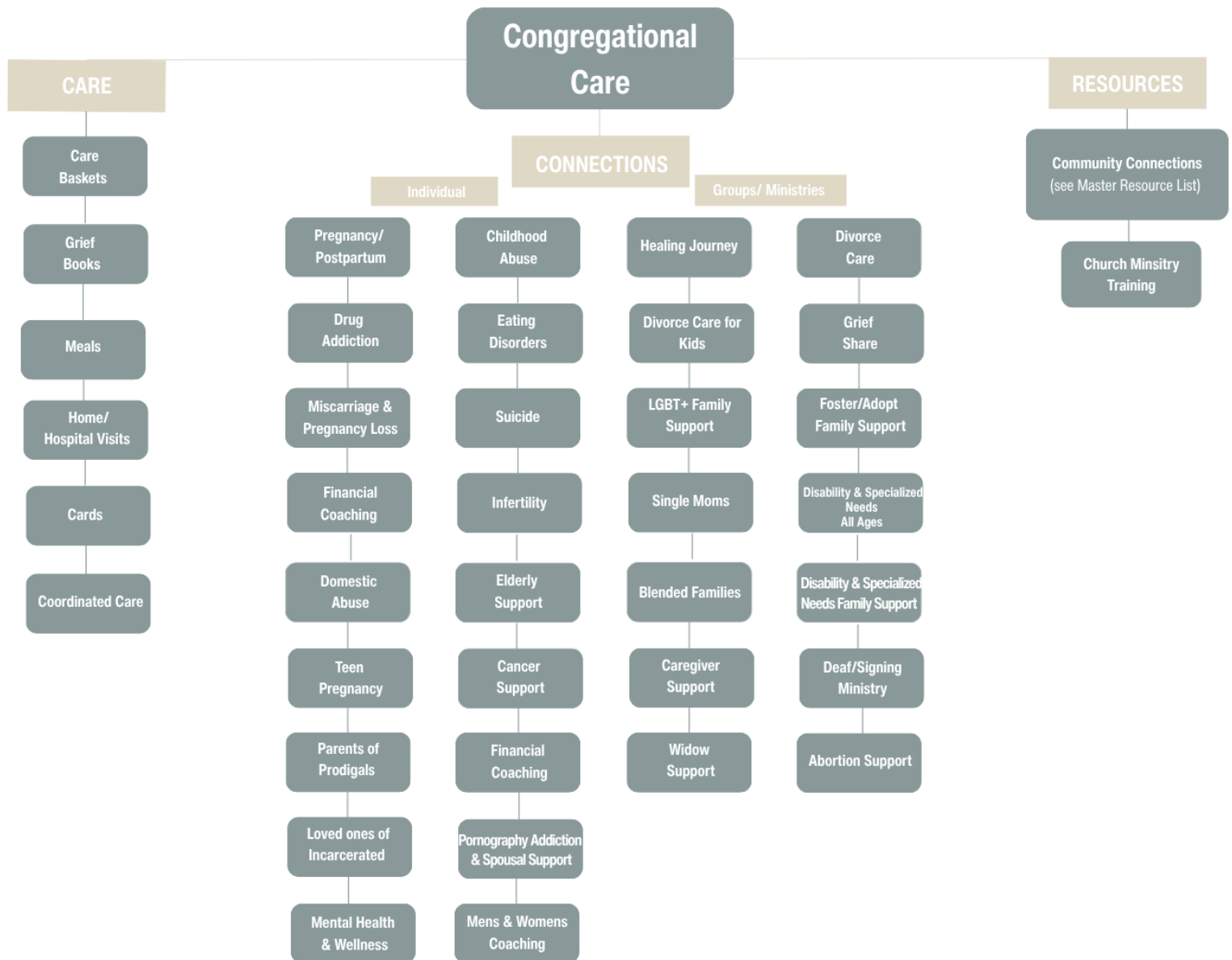
# Congregational Care

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# Congregational Care

## Flowchart



## Support/Small Groups

### New Life Church Small Groups

About: We have a variety of small groups for diverse needs. Please click the provided link to view group details.

Website: <https://newlifecolorado.ccbchurch.com/goto/groups/public>

# Addiction/Recovery

## Bloom House Residential Treatment Center

About: Recovery services for pregnant and parenting women

Contact: 719-964-4365, [bloomreferral@homewardpikespeak.org](mailto:bloomreferral@homewardpikespeak.org)

Website: <https://homewardpp.org/what-we-do/treatment/residential-treatment-center/>

## Freedom Recovery Co. Peer Support Services

About: Peer recovery coaching and one-on-one support

Contact: 719-302-0368

Website: [www.freedomrecoveryco.com](http://www.freedomrecoveryco.com)

## Homeward Pikes Peak

About: Recovery from homelessness

Contact: 719-473-5557, [info@homewardpikespeak.org](mailto:info@homewardpikespeak.org)

Location: 2010 E. Bijou St, Colorado Springs, CO 80909

Website: <https://homewardpp.org>

## Peaks Recovery Center

About: Mental health and addiction recovery services

Contact: 855-222-1610

Location: 1755 Old Ranch Rd, Colorado Springs, CO 80908

Website: <https://peaksrecovery.com/>

## Sandstone Care Detox Center

About: Medical Detox, Outpatient and inpatient treatment for teens and adults

Contact: 719-249-3545

Location: 2102 University Park Blvd, Colorado Springs, CO 80918

Website: <https://www.sandstonecare.com/locations/colorado-springs-detox-center/>

## Springs Recovery Center

About: Recovery that prepares participants to be peer recovery coaches

Contact: 719-465-2295, [info@srchope.org](mailto:info@srchope.org)

Location: 985 W Fillmore St, Colorado Springs, CO 80907

Website: <https://srchope.org/>

## The FullCircle Program

About: Drug and alcohol support for young adults and teens (12-25 years)

Contact: 303-906-6433, [remy@fullcircleprogram.com](mailto:remy@fullcircleprogram.com)

Location: 2725 Ore Mill Rd, Unit 22, Colorado Springs, CO 80904

Website: <https://fullcircleprogram.com/location/drug-and-alcohol-support-groups-for-young-adults-and-teens-in-colorado-springs-co/>

#### Mountain Springs Recovery

About: Luxury inpatient drug and alcohol recovery

Contact: 719-602-0046

Location: 1865 Woodmoor Drive, Monument, CO 80132

Website: <https://mountainspringsrecovery.com/>

# Adoption

## Lutheran Family Services

About: LFSRM serves families as they look to create supportive, loving homes for children and youth in need. We also assist people adopted through domestic or international adoptions search for family members

Contact: 719-227-7571

Location: 108 East St. Vrain, Suite 21, Colorado Springs, CO 80903

Website: <https://www.lfsrm.org/Adoption-Services>

## Hearts Encouraged

About: Weekend retreat for foster and adoptive moms

Contact: [HeartsEncouragedRetreat@gmail.com](mailto:HeartsEncouragedRetreat@gmail.com)

Location: Varies

Website: <https://www.heartsencouragedretreat.com>

## James Trail - Meredith Shuman

About: Trauma-informed training for healthcare teams and organizations

Contact: [contact@jamestrail.org](mailto:contact@jamestrail.org)

Website: <https://www.jamestrail.org>

## Safe Families

About: Support for families to keep children safe and families together

Contact: 719-357-7080

Location: 4835 Northpark Drive, Colorado Springs, CO 80919

Website: <https://coloradosprings.safe-families.org>

## Family Resource Network

About: Child placement agency and community counseling center

Contact: 719-227-7477

Location: 5360 N Academy Blvd, Suite 220, Colorado Springs, CO 80918

Website: <https://familyresourcenetworkco.com/>

## The Replanted Conference

About: Conference for foster and adoptive parents

Location: Jacksonville, FL and Chicago, IL

Website: <https://replantedconference.org>

## Wait No More

About: Support for foster and adoptive families

Contact: 1-800-232-6459, [WaitNoMore@fotf.org](mailto:WaitNoMore@fotf.org)  
Website: <https://www.waitnomore.org/>

CAFO (Christian Alliance for Orphans)

About: Support and global impact for orphans

Contact: [info@cafo.org](mailto:info@cafo.org)

Location: 6723 Whittier Ave, Suite 202, Mclean, VA 22101

Website: <https://cafo.org>

Re:Conference

About: Real encouragement for adoptive families

Website: <https://www.realencouragement.org/>

# Automotive

## Transport 59

About: Available for scheduled pick-ups and transportation to Tri-Lakes Cares in Monument and Veterans Admin/Human Services building, Colorado Springs  
Contact: 719-488-5588

## Repair and Share

About: Repairs done on a sliding sale.  
Contact: 719-597-4146  
Location: 1731 S. Academy Blvd, Colorado Springs, CO 80916

## Terry Pace

About: Honest repairs for single mothers.  
Contact: 719-598-2350  
Location: 4930 North Park Dr, Colorado Springs, CO 80918  
Website: <https://www.facebook.com/TerrysAutoWorks/>

## Good Neighbor Garage

About: Hope for single moms. Provides automobile services. \*not El Paso county- only Denver area  
Contact: 303-526-4488, <https://www.goodneighborgarage.org/#home-section>  
Location: 16097 South Golden Rd, Golden, CO, 80401

## Hands of the Carpenter

About: Single moms. Provides automobile placement, repair and maintenance  
\*not El Paso county- only Denver area  
Contact: 303-526-4488  
Location: 16097 South Golden Rd, Golden, CO, 80401

## Goodwill Vehicle Donations

About: Donate your vehicle  
Contact: 866-701-CARS (2277) to donate your vehicle  
Website: [nam04.safelinks.protection.outlook.com/GetUrlReputation](https://nam04.safelinks.protection.outlook.com/GetUrlReputation)

## 1-800- Charity Cars

About: Free donated vehicles to assist struggling families.  
Contact: 1-800-242-7489  
Website: <https://800charitycars.org/who-can-apply/>

## Wheels for Wishes

About: Donate your vehicle

Contact: 1-855-278-9474

Location: St. Louis Park, MN 55416

Website: <https://www.wheelsforwishes.org/colorado-springs-co/>

# Cancer

## Colorado Counseling Center

About: Counseling for cancer survivors

Contact: 720-984-1582, [melanie@cocancercounseling.com](mailto:melanie@cocancercounseling.com)

Location: 5460 Ward Road, Suite 360, Arvada, CO 80002

Website: <https://www.cocancercounseling.com/>

## Cancer Care

About: Counseling and programs for cancer patients

Contact: 1-800-813-HOPE (4673), [info@cancercare.org](mailto:info@cancercare.org)

Location: 485 Madison Ave 10th Floor, New York NY 10022

Website: <https://www.cancercare>

## Cancer Support Community

About: Cancer support in SW Colorado Springs

Contact: 272-867-5309, [hello@cancersupportswco.org](mailto:hello@cancersupportswco.org)

Location: 1701 Main Ave Suite C, Durango, CO 81302

Website: <https://cancersupportswc>

## Woodmen Valley Chapel Small Groups

About: Small groups for cancer patients

Website: <https://woodmenvalley.org/support/>

# Counseling

Michael Bird D.Min, LMFT, CSAT

About: \$125 per hour Co-Pay or Sliding Scale

Contact: 719-219-3400, [admin@wingsofgrace.org](mailto:admin@wingsofgrace.org)

Location: 4585 Hilton Parkway, Suite 202, Colorado Springs, CO 80907

Website: [www.wingsofgrace.org](http://www.wingsofgrace.org)

Charles Browning PhD Marriage and Family Applied Biblical Counseling

About: \$137 per session, Sliding Scale Avail.

Contact: 719-228-6560

Location: 1935 Dominion Way, Suite 102A, Colorado Springs, CO 80918

Website: [www.appliedbiblicalcounseling.com](http://www.appliedbiblicalcounseling.com)

Jack Frank MA, PCC, CCC

About: \$100 per hour, Sliding Scale available. Works with anyone needing help.

Contact: 719-237-2087

Website: [www.atncounseling.com](http://www.atncounseling.com)

Jordan Hall MA, Registered Psychotherapist

About: \$110 per session, Free Consultation, Sliding Scale Avail,

Contact: 719-377-5528 or 719-362-0796, [info@rockyourfamily.org](mailto:info@rockyourfamily.org)

Location: 1465 Kelly Johnson Blvd, Ste 330, Colorado Springs, CO 80920

Website: [www.rockyourfamily.org](http://www.rockyourfamily.org)

Lori E. Hinze MA, LPC

About: Telehealth/Online appointments only, \$125 per hour

Contact: 719-355-8110

Aaron Isaakson MS, LMFT

About: \$125/Intake \$95 per 45-50 min session

Contact: 719-229-6929

Location: 6270 Lehman Dr, #200A, Colorado Springs, CO 80918

Paige Kyle MA, LPC

About: \$80-135 per hr session, Sliding Scale Available, Free 15-20 min introductory session

Contact: 719-338-4810, [paige.kyle@talloakcounseling.com](mailto:paige.kyle@talloakcounseling.com)

Location: 7025 Tall Oak Dr, Colorado Springs, CO 80919

Website: [www.talloakcounseling.com](http://www.talloakcounseling.com)

DeAnn Lauer PMHNP-BC (Medication Management)

About: Intake: \$300, Session based on length \$100-\$150

Contact: 719-419-9547

Location: 5550 Tech Center Drive, Suite 303, Colorado Springs, CO 80919

Rob McIntire CAC III Certified Addiction Counselor

About: \$100 per hour

Contact: 719-233-4776, [ftlcounselingco@gmail.com](mailto:ftlcounselingco@gmail.com)

Location: 7025 Tall Oak Dr, Suite 110, Colorado Springs, CO 80919

Kent Miller LPC

About: \$110 per hour

Contact: 719-310-5059, [kentmiller@aol.com](mailto:kentmiller@aol.com)

Location: 720 Elkton Dr, Colorado Springs, CO 80907

Julynn Mullenix MA, LPC, NCC

About: \$90 per session, sliding scale of \$50-90 per session

Contact: 719-271-7234, [julynnmullenix@yahoo.com](mailto:julynnmullenix@yahoo.com)

Location: 2155 Hollowbrook Dr, Suite 105, Colorado Springs, CO 80918

Elizabeth Ross LMFT, LPC

About: \$125 per hour, \$150 per hour family, Sliding Scale, and financial assistance available

Contact: 719-339-4179, [SLCS\\_llc@proton.me](mailto:SLCS_llc@proton.me)

Location: 12295 Oracle Blvd, Suite 210, Colorado Springs, CO 80921

Website: <https://www.younifycounseling.com/elizabeth-ross>

Connie Schoonover MS, MED, LPC

About: \$90 per session

Contact: 719-659-2502, [connie@connieschoonover.com](mailto:connie@connieschoonover.com)

Location: Working from home via phone appointments

Website: [www.connieschoonover.com](http://www.connieschoonover.com)

Jorge Suarez MA, RP, SRPC and Danisa Suarez MA, LPC, SRT, ST

About: \$100 per session. Sliding Scale for Military Families. Financial Assistance Available. \$75 per session. Marriage Clinics are priced differently. Sliding Scale for Military Families. Offers Financial Assistance  
Contact: 719-522-1073, [info@ccicounseling.com](mailto:info@ccicounseling.com)  
Location: 15435 Gleneagle Dr, Suite 102, Colorado Springs, CO 80921  
Website: <https://ccicounseling.com/>

Diversus Health (mental health)

Contact: 719-572-6100  
Location: 115 South Parkside Drive, Colorado Springs, CO 80910  
Website: <https://diversushealth.org/>

Bridge to Awareness (drug & alcohol)

Contact: 719-347-1642  
Location: 129 West Costilla Street, Colorado Springs, CO 80903  
Website: <https://www.rehab.com/bridge-to-awareness-counseling-center>

Catholic Charities Life Connections Pathways to Healing

Contact: 719-866-6535, [CounselingInfo@CCharitiesCC.org](mailto:CounselingInfo@CCharitiesCC.org)  
Location: 917 East Moreno Street, Colorado Springs, CO 80903  
Website: <https://www.ccharitiescc.org/get-help/family-services/>

Center on Fathering

Contact: 719-634-7797  
Website: <https://humanservices.elpasoco.com/center-on-fathering/>

Colorado Springs Pregnancy Center

Contact: 719-623-2488  
Location: Multiple Locations check website for contact info on each location  
Website: <https://cspregnancycenter.com/>

Consumer Credit Counseling Services

Contact: 1-800-918-6709  
Location: <https://www.cccfusa.org/>

Domestic Violence (TESSA)

Contact: 719-633-1462 (main office), 719-633-3819 (safeline)  
Website: <https://www.tessacs.org/>

El Paso County Public Health

Contact: 719-578-3199, [healthinfo@elpasoco.com](mailto:healthinfo@elpasoco.com)

Location: 1675 W. Garden of the Gods, Colorado Springs, CO 80907

Website: <https://www.elpasocountyhealth.org/>

#### Genetic Counseling (Memorial Hospital)

Contact: 719-365-6845

CO Location: 525 Bob Peters Grove Memorial Medical Building, Colorado Springs, 80909

Website: <https://www.uchealth.org/locations/uchealth-cancer-genetic-counseling-memorial-hospital-central/>

#### Harbor House Clinic

About: [info@homewardpikespeak.org](mailto:info@homewardpikespeak.org)

Contact: 719-473-5557

Location: 2010 E Bijou St, Colorado Springs, CO 80909

Website: <https://homewardpp.org/>

#### Independence Center (Disabled)

Contact: 719-471-8181

Website: <https://www.theindependencecenter.org/>

#### Lutheran Family Services

About: Pregnancy, Parenting & Adoption Services

Contact: 719-227-7571

Location: 108 East St. Vrain Street, Suite 21, Colorado Springs, CO 80903

Website: <https://lfsrm.org>

#### Phoenix Multisport (drug and alcohol)

Contact: 719-434-3387

Website: <https://thephoenix.org/>

#### Silver Key Senior Services

About: Pregnancy, Parenting & Adoption Services

Contact: 719-884-2300

Location: 1625 S. Murray Blvd, Colorado Springs, CO 80916

Website: <https://www.silverkey.org/>

#### Nikki Walther Riverbend Counseling

About: Reproductive Mental Health

Contact: 719-286-0822

Location: 3225 Templeton Gap Rd, Suite 200, Colorado Springs, CO 80907

Website: [www.riverbendcolorado.com](http://www.riverbendcolorado.com)

Colorado Crisis Services  
Contact: 988  
Website: <https://www.988colorado.com/en>

Deanna McClanahan - Creative Hope Counseling  
About: Children's Therapy  
Contact: 719-301-1684, [info@creativehope.net](mailto:info@creativehope.net)  
Website: <http://www.creativehope.net/>

Holdfast Recovery (Founder Brendan McDonough, contact Richard Jewell)  
Contact: 928-447-8732, [Richard@holdfastrecovery.com](mailto:Richard@holdfastrecovery.com)  
Location: Prescott, AZ  
Website: [www.holdfastrecovery.com](http://www.holdfastrecovery.com)

Truth Counseling, LLC  
About: Truth Counseling provides marriage and individual counseling that is both scientifically validated and scripturally sound. We are committed to helping clients ages 16 and older find healing from the past, hope for the future, and greater freedom to live the life God intended.  
Contact: LisaPhillips, LPC  
Location: 7660 Goddard St, Suite 210, Monument, CO 80920  
Website: [www.truthcounseling.net](http://www.truthcounseling.net)

# Deaf & Hard of Hearing

## ASL Community Classes

About: ASL classes are held for the community and individuals interested in learning American Sign Language (ASL) basics. The classes are held in eight-week sessions, three times a year: fall, winter, and spring. Each session meets once a week in the evening.

Contact: 719-578-2100

Website: <https://csdb.colorado.gov/outreach/asl-community-classes>

# Disability & Specialized Needs

## Unpacking Disability

About: Resources, scholarships and free items

Website: [https://www.meriahnichols.com/free-stuff-kids-disabilities/?utm\\_medium=social&utm\\_source=pinterest&utm\\_campaign=tailwind\\_smartloop&utm\\_content=smartloop&utm\\_term=4194481](https://www.meriahnichols.com/free-stuff-kids-disabilities/?utm_medium=social&utm_source=pinterest&utm_campaign=tailwind_smartloop&utm_content=smartloop&utm_term=4194481)

## Special Kids Special Families

About: Behavioral health, crisis respite care, Adult day program, Zach's Place (Ages 2.5-18) provides a break and support for parents.

Contact: 719-447-8983, [sksf@sksfcolorado.org](mailto:sksf@sksfcolorado.org)

Location: 1915 Aerotech Dr, Suite 100, Colorado Springs, CO 80916

Website: <http://sksfcolorado.org/>

## The Resource Exchange (TRE)

About: TRE partners with children and adults who have a variety of disabilities, delays, mental health or long term care needs

Contact: 719-380-1100

Location: 6385 Corporate Drive, Suite 100, Colorado Springs, CO 80919

Website: [www.tre.org](http://www.tre.org)

## The Arc Pikes Peak Region

About: Advocacy programs (IEP, Policy, Rights), parent empowerment, and guardianship

Contact: 719-471-4800, [frontdesk@thearcppr.org](mailto:frontdesk@thearcppr.org)

Location: 12 North Meade St, Colorado Springs, CO 80918

Website: [www.thearcppr.org](http://www.thearcppr.org)

## Peak Parent Center

About: Training, information and assistance to equip families of children birth through 26, including all disability labels with strategies to advocate successfully

Contact: 719-531-9400, [info@peakparent.org](mailto:info@peakparent.org)

Location: 917 East Moreno Avenue, Suite 140, Colorado Springs, CO 80903

Website: [www.peakparent.org](http://www.peakparent.org)

## Colorado Springs Therapeutic Recreation (TRP)

About: Provides opportunities for youth and adults with disabilities to acquire skills that enable them to participate in leisure experiences

Contact: 719-385-6964, [Felicia.Barnhart@coloradosprings.gov](mailto:Felicia.Barnhart@coloradosprings.gov)

Location: 1628 W. Bijou St, 917 East Moreno Avenue, Suite 140, Colorado Springs, CO 80904  
Website: [www.coloradosprings.gov/trp](http://www.coloradosprings.gov/trp)

#### CPCD Headstart

About: educational, physical and behavioral health, and nutritional services for children birth to five years of age. Parent education

Contact: 719-635-1536

Location: 2330 Robinson Street, 917 East Moreno Avenue, Suite 140, Colorado Springs, CO 80904

Website: [www.cpcdheadstart.org](http://www.cpcdheadstart.org)

#### GiGi's Playhouse Colorado Springs

About: Location opening in Colorado Springs soon! Fitness, Academic, and Life skills classes for students with Down Syndrome; education and advocacy

Contact: [coloradosprings@gigisplayhouse.org](mailto:coloradosprings@gigisplayhouse.org)

Website: <https://gigisplayhouse.org/coloradosprings/>

#### Friends of Club 21

About: Performing Arts classes for individuals with Down Syndrome

Contact: [admin@friendsofclub21.org](mailto:admin@friendsofclub21.org)

Website: [www.friendsofclub21.org](http://www.friendsofclub21.org)

#### Lutheran Family Services KPC Family Resource Center

About: Non-profit human services agency providing respite care, crisis care, and counseling

Contact: 719-227-7571, [jaden.riek@lfsrm.org](mailto:jaden.riek@lfsrm.org)

Location: 108 East St. Vrain Street, Suite 21, Colorado Springs, CO 80903

Website: <https://lfsrm.org/KPC-Respite-Center>

#### Community Outreach Center and the Independence Center

About: A number of The IC's services and programs are available to anyone in our service area who self-identifies as having a disability. These include advocacy, assistive technology, benefits assistance, home modifications, peer support, and others.

Contact: 719-659-3635

Location: 328 Tenth Street, Calhan, Colorado 80808

Website: <https://www.theindependencecenter.org/>

# Domestic Violence

## Arise to Freedom

Contact: 719-425-9515, [arisetofreedom.np@gmail.com](mailto:arisetofreedom.np@gmail.com)

Website: <https://www.arisetofreedom.org/>

## Crossroads Safehouse (Ft. Collins)

Contact: 970-530-2353 or 970-482-3535 (24hr helpline),  
[info@crossroadssafehouse.org](mailto:info@crossroadssafehouse.org)

Location: 421 Parker St, Fort Collins, CO 80525

Website: <https://www.arisetofreedom.org/>

## Project Safeguard (Denver)

Contact: 720-618-3482 [info@psghelps.org](mailto:info@psghelps.org)

Location: Denver, CO

Website: <https://psghelps.org/>

## Safehouse Denver

Contact: 303-318-9959 (303) or 318-9989 (24hr crisis line), [info@safehouse-denver.org](mailto:info@safehouse-denver.org)

Location: 1649 N Downing St, Denver, CO 80218

Website: <https://safehouse-denver.org/>

## This is Human Trafficking

Contact: 866-455-5075 (24hr hotline) or 720-999-9724 (text line 12pm-12am),  
[info@thisishumantrafficking.com](mailto:info@thisishumantrafficking.com)

Website: <https://thisishumantrafficking.com/resources/>

## A Women's Place

Contact: 970-351-0476 or 970-356-4226 (24hr crisis line), [info@awpdrv.org](mailto:info@awpdrv.org)

Location: PO Box 71, Greeley, CO 80632

Website: <https://www.awpdrv.org/>

## Kingdom Builders (Safehouse)

Contact: 719-247-8190, [info@kbflc.org](mailto:info@kbflc.org)

Location: 411 Lakewood Circle, Suite C-201, Colorado Springs, CO 80910

Website: <https://kbflc.org/about-us/>

## TESSA (Colorado Springs)

Contact: 719-633-1462 (main office) or 719-633-3819 (Safeline and crisis)

Location: 435 Gold Pass Heights, Colorado Springs, CO 80906  
Website: <https://www.tessacs.org>

# Eating Disorders

## The Sanctuary Church Counseling Center

Contact: 719-634-7232, [joyce@empoweryounutrition.com](mailto:joyce@empoweryounutrition.com)

Location: 1930 W. Colorado Avenue, 2nd Floor, Colorado Springs, CO 80904

Website: <https://www.thesanctuarywestside.org/>

## F.E.A.S.T. Eating Disorder Support

Contact: [parentsupport@feast-ed.org](mailto:parentsupport@feast-ed.org)

Location: FEAST 26F Congress St, Suite 117, Saratoga Springs, NY 12866

Website: <https://feast-ed.org/>

## The Eating Disorder Foundation- Support Groups

Website: <https://eatingdisorderfoundation.org/get-help/support-groups/support-group-schedule/>

## The Eating Disorder Foundation - Mentor Request

Website: <https://eatingdisorderfoundation.org/get-help/request-a-mentor/>

# Elderly/Senior Services

## Helping Hands

Website: <https://research.ppld.org/HelpingHands>

## Seniors Blue Book

Contact: 1-800-201-9989, [oliver@seniorsbluebook.com](mailto:oliver@seniorsbluebook.com)

Website: <https://seniorsbluebook.com/local/colorado-springs>

## Pikes Peak Area Agency on Aging & Yellow Pages

Contact: 719-471-2096, [jbarker@ppacg.org](mailto:jbarker@ppacg.org); [jurban@ppacg.org](mailto:jurban@ppacg.org)

Location: 14 South Chestnut, Colorado Springs, CO 80905

Website: [jbarker@ppacg.org](mailto:jbarker@ppacg.org) [jurban@ppacg.org](mailto:jurban@ppacg.org); <https://www.ppacg.org/progra>

## PPACG Mobility Guide

About: Guide on Transportation for Elderly

Contact: 719-471-2098

Location: 14 South Chestnut, Colorado Springs, CO 80905

Website: <https://ppacg.org/wp-content/uploads/2025/03/2025-Mobility-Guide.pdf>

## The Independence Center

Contact: 719-471-8181 or 719-358-2513 (deaf and hard of hearing line)

Location: 729 South Tejon, Colorado Springs, CO 80903

Website: <https://www.theindependencecenter.org/>

## Rocky Mountain Pace

Contact: 719-314-2327 or 1-800-659-2656 (tty)

Website: <https://rmpace.org/>

## Silver Key Senior Services

Contact: 719-884-2300 or 719-457-2045

Location: 1625 South Murray Blvd, Colorado Springs, CO 80916

Website: <https://www.silverkey.org/>

## Old Age Pension

Contact: 1-800-221-3943

Website: <https://hcpf.colorado.gov/old-age-pension-health-and-medical-care-program-oap>

#### Crossfire Ministries

Contact: 719-447-1806

Location: 3975 N Academy Blvd, Colorado Springs, CO 80917

Website: <https://hcpf.colorado.gov/old-age-pension-health-and-medical-care-program-oap>

#### Senior Resource Council (meals/care packages)

Contact: 719-260-0744, [info@seniorresourcecouncil.org](mailto:info@seniorresourcecouncil.org)

Location: 1625 S Murray Blvd, Colorado Springs, CO 80916

Website: <https://seniorresourcecouncil.org/>

#### Ombudsman (Long Term Care Facilities Advocates)

Contact: 719-471-7080 (Lori McGinnis), [lmcginnis@ppacg.org](mailto:lmcginnis@ppacg.org)

Location: Pikes Peak Area Agency on Aging, 15 S. 7th St, Colorado Springs, CO 80905

Website: <https://www.coombudsman.org/resources/find-an-ombudsman/>

#### Salvation Army Senior Center (Meals & activities)

Contact: 719) 636-3891

Location: 908 Yuma Street Colorado Springs CO 80909

Website: 908 Yuma Street Colorado Springs CO 80909

#### Senior Victim Assistance Team (SVAT) (CSPD)

Contact: 719-444-7595 or 719-444-7438

Location: 705 South Nevada Avenue, Colorado Springs, CO 80903

Website: [https://www.findhelp.org/colorado-springs--colorado-springs-co--police-department---senior-victim-assistance-team-\(svat\)/4762546660704256?postal=80901](https://www.findhelp.org/colorado-springs--colorado-springs-co--police-department---senior-victim-assistance-team-(svat)/4762546660704256?postal=80901)

#### Senior Community Serv. Employment Program (AARP)

Location: 719-635-3579

Website: <https://cdhs.colorado.gov/benefits-assistance/employment-assistance/senior-community-service-employment-program>

#### Silvercrest (Low-income senior housing)

Contact: 719-389-0329

Location: 824 Yuma Street, Colorado Springs, CO 80909

#### 211 Pikes Peak United Way– information resource

Contact: 211 or 719-632-1543

Location: 518 North Nevada, Colorado Springs, CO 80903

Website: <https://www.ppunitedway.org/get-help/>

#### Alzheimer's Association

About: Resources on all memory loss, not just Alzheimer's. 24/7 helpline which offers specialists and master's-level clinicians offer confidential support and information to people living with dementia, caregivers, families and the public.

Offer advice on how to pick an in-home care provider and ensure that they are trustworthy, as well as a list of questions they recommend asking

Contact: 1-800-272-3900 (24hr help line)

Website: <https://www.alz.org>

#### Home Instead

About: A local resource that offers all different kinds of support and care. It seems like they can assist in almost any capacity

Contact: 719-534-0908

Location: 1955 N Union Blvd, Suite 100, Colorado Springs, CO 80909

Website: <https://www.homeinstead.com/location/111>

#### Envida

About: In-Home care and Transportation.

Contact: 719-01-6870

Location: 5660 N Academy Blvd, Colorado Springs, CO 80918

Website: <https://envidacares.org/homecare/>

#### Full list of all In-Home Care organizations in El Paso County

Website:

<https://www.communityresourcefinder.org/ProviderSearch/Search?ProfileDefinitionId=16&location=80920>

#### Anova Care

2 About: Senior/Hospice/Home care. \$40-45 per hour. Typical appointments last 1-2 hours. No weekly charge or minimum.

Contact: 1-888-929-2050, [info@anovacare.com](mailto:info@anovacare.com)

Location: 1155 Kelly Johnson Blvd, Suite #470, Colorado Springs, CO 80920

Website: <https://anovacare.com>

#### Senior Information & Assistance Directory (Yellow Book)

About: Yellow Book of Services

Contact: 719-471-2097

Location: 15 South 7th Street, Colorado Springs, CO 80905

Website: <https://ppacg.org/yellowbook/2024-25-yellow-book/>

Brother Redevelopment Inc

About: Affordable, safe and accessible housing solutions for Colorado's low-income, elderly and disabled residents

Contact: 303-202-6340

Website: <https://brothersredevelopment.org/home-mods-repairs/>

# Emergency Service

## Adult Protective Services (Hotline)

About: APS investigates allegations of physical and sexual abuse, caretaker neglect, exploitation and harmful acts (collectively referred to as "mistreatment") and self-neglect of at-risk adults  
Contact: 719-444-5755  
Website: <https://cdhs.colorado.gov/aps>

## Diversus Health Lighthouse Center (mental health crisis)

About: Offer Addiction, Behavioral, and Psychiatric emergency care. Over the phone, chatting online, and in person  
Contact: 719-314-2567  
Location: 115 S. Parkside Dr, Colorado Springs, CO 80910

## Catholic Charities - Marian House

About: NOT used to report illegal activity. Used to provide information and referrals.  
Contact: 719-475-7314, [Help@CCharitiesCC.org](mailto:Help@CCharitiesCC.org)  
Location: 14 West Bijou Street, Colorado Springs, CO 80903  
Website: <https://www.ccharitiescc.org/get-help/adult-services/>

## Child Abuse Hotline (24 hour Hotline)

Contact: 1-844-264-543

## Colorado Springs Police Department (Non-Emergent Line)

About: A 24/7 line used to report any criminal activity that is non-emergent.  
Contact: 719-444-7000  
Location: Substations are located throughout the city  
Website: <https://coloradosprings.gov/police-department>

## C.S.P.D. (Victim Advocacy)

About: Can provide immediate crisis intervention and safety planning, information about Victim Rights, referrals, arrangement of interpretation services, protective orders, etc.  
Contact: 719-444-7777, [Victim.AdvocacyUnit@coloradosprings.gov](mailto:Victim.AdvocacyUnit@coloradosprings.gov)  
Website: <https://coloradosprings.gov/police-department/page/victim-advocacy-unit>

## C.S.P.D. (Homeless Outreach Team)

Contact: 719-444-7666

#### Colorado State Patrol

Contact: 719-635-0385

Location: 1480 Quail Lake Loop, Colorado Springs, CO 80906

Website: <https://csp.colorado.gov/>

#### Department of Human Services

About: This is not the Child Abuse Hotline number. This is to call the El Paso County DHS location directly

Contact: 719-636-0000

Location: 1675 Garden of the Gods Rd, Colorado Springs, CO 80919

Website: <https://humanservices.elpasoco.com/>

#### Human Trafficking Hotline

About: Texting is available at 720-999-9724

Contact: 1-866-455-5075, [info@thisishumantrafficking.com](mailto:info@thisishumantrafficking.com)

Website: <https://thisishumantrafficking.com/resources/>

#### KPC Respite Center

About: Temporary crisis and planned childcare. Services are confidential.

Contact: 719-634-5439, [kpcrespite@lfsrm.org](mailto:kpcrespite@lfsrm.org)

Website: <https://www.lfsrm.org/programs-and-services/prevention-services/kpc-respite-center/>

#### Sheriff's Department (El Paso County)

Contact: 719-0390-5555

Location: 27 East Vermijo Avenue, Colorado Springs, CO 80903

Website: <https://www.epcsheriffsoffice.com/>

#### Silver Key Senior Services

About: Can provide counseling, assessments, therapeutic services, case management, rides, and food

Contact: 719-884-2300

Location: 1625 S Murray Blvd, Colorado Springs, CO 80916

Website: [silverkey.org](http://silverkey.org)

#### Sandstone Care Detox Center

About: Young adult and adult medically-assisted detox center. 24/7 supervised care

Contact: 719-249-3545

Location: 2102 University Park Blvd, Colorado Springs, CO 80918

Website: <https://www.sandstonecare.com/locations/colorado-springs-detox-center/>

TESSA (Domestic Violence and Sex Trafficking)

About: Emergency Shelter, Victim Advocacy, Counseling, Youth and Children's Program, and Legal Services may be provided if available

Contact: 719-633-3819

Location: 435 Gold Pass Heights, Colorado Springs, CO 80906

Website: [www.tessacs.org](http://www.tessacs.org)

# Employment & Training

## Colorado Division of Vocational Rehabilitation

About: For those with disabilities looking for work

Contact: 719-635-3585, [CDLE\\_voc.rehab@state.co.us](mailto:CDLE_voc.rehab@state.co.us)

Location: 1365 Garden of the Gods Rd, Suite 250, Colorado Springs, CO 80907

Website: <https://dvr.colorado.gov/>

## Goodwill Career Development Program

About: Job matching, resume help, training, interview coaching, financial assistance (clothing, haircuts, etc.), and ongoing mentoring.

Contact: 719-635-4483

Location: 1460 Garden of the Gods Rd, Colorado Springs, CO 80907

Website: <https://goodwillcolorado.org/goodwill-jobs/career-development-services/>

## Catholic Charities Hanifen Employment Center @ Marian House

About: Walk in hours are 10:30am - 1:00pm or you can schedule an appointment

Contact: 719-475-7314, [info@CCharitiesCC.org](mailto:info@CCharitiesCC.org)

Location: 14 W Bijou St, Colorado Springs, CO 80903

Website: <https://www.ccharitiescc.org/get-help/employment-and-life-skills-services/>

## Pikes Peak Workforce Center

About: Services to file for unemployment and look for new employment.

Contact: 719-667-3700

Location: 1675 Garden of the Gods Road, Colorado Springs, CO 80907

Website: <https://ppwfc.org/>

## RMHS (Veterans)

About: Employment and other services available

Contact: 303-636-5600, [SEPquestions@rmhumanservices.org](mailto:SEPquestions@rmhumanservices.org)

Location: 9900 E Iliff Ave, Denver CO, 80231

Website: <https://www.rmhumanservices.org/hav>

## Senior Community Serv. Employment Program

About: Participants (55+) gain work experience in a variety of community service activities. 20hrs/week for minimum wage.

Contact: 1-877-872-5627

Location: 1575 Sherman St, Denver, CO 80203

Website: <https://cdhs.colorado.gov/benefits-assistance/employment-assistance/senior-community-service-employment-program>

#### First Wednesday Job Fair

About: Monthly multi-employer hiring event hosting 15 employers

Contact: 719-667-3700

Location: 1675 Garden of the Gods Road, Colorado Springs, CO 80907

Website: <https://ppwfc.org/job-fairs/>

# Financial Assistance

## Catholic Charities

About: Rent Assistance: [Rent@CCharitiesCC.org](mailto:Rent@CCharitiesCC.org)

Contact: 719-636-2345, [info@ccharitiescc.org](mailto:info@ccharitiescc.org)

Location: 228 N Cascade Ave, Colorado Springs, CO 80903

Website: <https://www.ccharitiescc.org/>

## Mercy's Gate

About: Rent/Mortgage assistance, Utility assistance, Medical assistance, Transportation assistance, Clothing and Household

Contact: 719-277-7470, [info@mercysgatecs.org](mailto:info@mercysgatecs.org)

Location: 4360 Montebello Drive, Suite 300, Colorado Springs, CO 80918

Website: <https://mercysgatecs.org>

## LifeWireless

About: Free phone plans for those who qualify.

Contact: 1-888-543-3620, [info@lifewireless.com](mailto:info@lifewireless.com)

Website: <https://www.lifewireless.com/plans/colorado-lifeline-free-phone-service>

## Energy Outreach Colorado

Contact: 1-866-432-8435, [info@energyoutreach.org](mailto:info@energyoutreach.org)

Website: <https://energyoutreach.org/>

## Goodwill of Colorado (LEAP)

About: Provides home heating assistance.

Contact: 1-888-775-5327

Website: <https://goodwillcolorado.org/services/leap/>;

## Silver Key Senior Services

Contact: 719-884-2300

Location: 1625 S Murray Blvd, Colorado Springs, CO 80916

Website: <https://www.silverkey.org/connect/>

## Tri-Lakes Cares (Tri-Lakes area and District 38)

Contact: 719-481-4864, [info@tri-lakescare.org](mailto:info@tri-lakescare.org)

Location: 235 N. Jefferson St, Monument, CO 80132

Website: <https://tri-lakescares.org/>

#### Westside Cares

About: Rent/Mortgage assistance is available in person only on and after the 8th of each month. Monday-Thursday from 9:30am to 12:30pm

Contact: 719-389-0759

Location: 2808 West Colorado Ave, Colorado Springs, CO 80904

Website: [westsidecares.org](https://westsidecares.org)

#### LifeNetwork Family Thrift Store

About: Affordable clothing, jewelry and accessories, shoes, books and media, furniture, house and kitchenware, antiques, linens, sporting goods, small appliances and tools, and more

Contact: 719-344-9904, [info@lifenetworkthrift.com](mailto:info@lifenetworkthrift.com)

Location: 5406 N Academy Blvd, Colorado Springs, CO 80918

Website: <https://lifenetworkthrift.com/>

#### The Genesis Center of Hope

Contact: 719-373-7397, [gencenterofhope@gmail.com](mailto:gencenterofhope@gmail.com)

Location: 2557 Airport Rd, Colorado Springs, CO 80910

Website: <https://www.gencenters.org/>

# Flowers

## A Flower Girl's Dream

Contact: 719-632-4477

Location: 2227 N Weber St, Colorado Springs, CO 80907

Website:

<https://aflowergirlsdream.com/?srsltid=AfmBOophMMNV0Jbu63RjGwpD6gHP6AAXIJUtRrOu4vi52mUqwrPdiU5U>

# Food

## Care and Share Food Bank

About: Offer food pantries & programs near you, mobile markets & mobile food pantries, extra grocery dollars

Contact: 719-528-1247

Location: 2605 Preamble Pt, Colorado Springs, CO 80915

Website: <https://careandshare.org/findfood/>

## Overcomer's International Food Pantry

About: First come first served basis, call to verify hours as they change frequently. Hours of Operation: Tues & Thurs, 2-3pm

Contact: 719-646-5354

Location: 411 Lakewood Circle, Colorado Springs, CO 80910

## Solid Rock Community Food Center

About: Visits allowed once per week. No ID required. Bring your own bags. Hours of Operation: Monday (Senior 55+): 12-2pm and Tuesday (Open to Public): 2-6pm

Contact: 719-985-8935

Location: 3219 S Academy Blvd, Colorado Springs, CO 80916

Website: <https://www.solidrockcdc.com/community-food-center>

## Southeast Baptist Church Food Pantry

About: Food is distributed only to those who have registered that morning and are present when distribution begins. on Saturdays ONLY: 8-11am Registration 9-11am Food Distribution

Contact: 719-380-7060

Location: 4393 Airport Road, Colorado Springs, CO 80916

Website: <https://southeastbaptistchurchcs.com/pantry>

## Deerfield Hills Community Food Pantry (Mobile)

About: For all zip codes within El Paso County. Must register with them and provide a Photo ID. Can visit this pantry up to 6 times per month. Hours of Operation: Monday – Friday from 1pm to 6pm

Contact: 719-385-5996

Location: 4290 Deerfield Hills Road, Colorado Springs, CO 80916

Website: <https://coloradosprings.gov/system/files/2025-12/MFP%202026%20%20flier%20ENGLISH.pdf>

#### True Spirit Baptist Church Food Pantry

About: All zip codes within El Paso County. Must bring a Photo ID and proof of residency. No perishable items at this pantry. Hours of Operation: Friday from 11am to 2pm

Contact: 719-575-9287

Location: 5120 Astrozon Blvd, Colorado Springs, CO 80916

#### Palace of Peace Food Pantry

About: Only serves zip code 80916. Must bring Photo ID and proof of residency.

Hours of Operation: 2nd & 4th Tuesday, 10am to 11am, and from 6pm to 7pm.

Contact: 719-591-2094, [palaceofpeacesda@gmail.com](mailto:palaceofpeacesda@gmail.com)

Location: 1150 Aeroplaza Drive, Colorado Springs, CO 80916

Website: <https://popsda.com/ministries/community-service/>

#### Springs Rescue Mission

About: 3 Meals a Day. No zip code restrictions; must reside within El Paso County. Must have a valid Photo ID and Commodities card. Hours of Operation: Monday through Friday 8am to 4:30pm

Contact: 719-632-1822

Location: 1 W Las Vegas Street, Colorado Springs, CO 80903

Website: <https://www.springsrescuemission.org/health#nutrition-and-hygiene>

#### Catholic Charities of Central Colorado

About: Serves El Paso County. Hours of Operation: MWF 1:30pm-3:00pm by appointment at Marian House

Contact: 719-475-7314, [info@CCCharitiesCC.org](mailto:info@CCCharitiesCC.org)

Location: 14 W Bijou, Colorado Springs, CO 80903

Website: <https://www.ccharitiescc.org/get-help/food-and-nutrition-services/>

#### Catholic Charities of Central Colorado (CastleRock)

Contact: 720-215-4521, [CROffice@CCCharitiesCC.org](mailto:CROffice@CCCharitiesCC.org)

Location: 2 Oakwood Park Plaza, Suite 100, Castle Rock, CO 80104

Website: <https://www.ccharitiescc.org/get-help/food-and-nutrition-services/>

#### Seventh Day Adventist Food Pantry

About: Serves all of El Paso County. SSN is not required. Hours of Operation: Monday 10am to 2:30pm. On the corner of Union/San Miguel; South of Palmer Park and North of Uintah

Contact: 719-634-1682, [secretary@centralsda.org](mailto:secretary@centralsda.org)

Location: 1305 N Union Blvd, Colorado Springs, CO 80909  
Website: <https://centralsda.org/ministries/community-service-center/>

#### Crossfire Ministries Food Pantry

About: No zip code restrictions but must call to make an appointment; also, must bring a Social Security card for everyone in the household, and the client must show a Photo ID. Hours of Operation: Tuesday – Thursday 10am to 4pm  
Contact: 719-447-1806  
Location: 719-447-1806  
Website: <https://www.crossfireministries.org/>

#### Eastborough Church of the Nazarene Pantry

About: No walk-ins; must call and schedule an appointment. Serves all of El Paso. Available once every 3 months to an individual/household. Hours of Operation: Monday through Thursday 8am to 4pm, and Friday 8am to Noon  
Contact: 719-593-1929  
Location: 4123 E Pikes Peak, Colorado Springs, CO 80909

#### Holy Cross Lutheran Church Pantry

About: Can utilize services twice a month; bring Photo ID and proof of residence. Must reside in 80909, 80915, or 80916. Hours of Operation: Monday and Tuesday 1pm to 4pm, and Saturday from 9am to Noon  
Contact: 719-596-4387, [HCLCMail@holycrosscs.org](mailto:HCLCMail@holycrosscs.org)  
Location: 4125 Constitution Ave 80909  
Website: <https://holycrosscs.org/food-pantry/>

#### Divine Redeemer Food Pantry

About: No zip code restriction; must bring Photo ID. A three-day food supply is handed out 2 days per month. Hours of Operation: 2nd and 4th Mondays from Noon to 2pm  
Contact: 719-633-5559  
Location: 927 N Logan, Colorado Springs, CO 80909  
Website: <https://www.divineredeemer.net/page/food-pantry>

#### Silver Key Senior Food Pantry

About: One-time help for people over 60. Serves all of El Paso County. They also have a Pet Food Pantry for seniors. Call to schedule an appointment. Hours of Operation: Monday through Friday 8am to 5pm  
Contact: 719-884-2300  
Location: 2250 Bott Ave, Colorado Springs, CO 80904

Website: <https://www.silverkey.org/services/food-pantry/>

#### Westside Cares Food Pantry

About: Provides a 4-day food supply for clients 3 times per year. Serves the following zip codes: 80904, 80905, 80906, 80919, 80829, 80907, 80809. Photo ID required. Hours of Operation: Monday through Thursday 9am to 12:30pm  
Contact: 719-389-0759  
Location: 2808 West Colorado Ave, Colorado Springs, CO 80904  
Website: <https://www.westsidecares.org/get-help/food/>

#### Mercy's Gate Food Pantry

About: Must live in El Paso County and bring photo ID. Opens Monday at 4:00pm, Wednesday at 9:00am, Thursday at 9:00am and 1:00pm, Friday at 4:00pm. Must arrive early to get a spot  
Contact: 719-277-7470  
Location: 4360 Montebello Dr, Suite 300, Colorado Springs, CO 80918  
Website: <https://mercysgatecs.org/get-help/direct-services/food-pantry?>

#### Fresh Start Center

About: Serves the following zip codes: 80106, 80808, 80828, 80830, 80831, 80832, 80833, 80835, 80864, 80908, 80923. Must complete their household profile; also must bring a Photo ID and proof of residency. Call for hours  
Contact: 719-495-3123  
Location: 7375 Adventure Way, Colorado Springs, CO 80923  
Website: <https://www.freshstartcenter.com/>

#### Times of Refreshing Church Food Pantry

About: Serves 80817 and provides food 1 day per week. Need Photo ID, proof of residency, and SSN. Hours of Operation: Saturday from 1pm to 3pm  
Contact: 719-382-0508  
Location: 123 W Ohio Ave, Colorado Springs, CO 80817

#### Black Forest Cares Food Pantry

About: Serves Black Forest and surrounding areas. Call for more information.  
Hours of Operation: Monday through Friday, from 8am to 5pm  
Contact: 719-495-2221  
Location: 12455 Black Forest Road, Colorado Springs, CO 80908

#### El Paso County Food Assistance

Website: [www.colorado.gov/benefits](http://www.colorado.gov/benefits)

FNS WIC (Women, infants, & children)

About: Food and nutritional services

Contact: 719-578-3199, [healthinfo@elpasoco.com](mailto:healthinfo@elpasoco.com)

Website: <https://www.elpasocountyhealth.org/appointments-adults-children-families/wic-women-infants-children/>

FNS SNAP

About: Special Supplemental Nutrition Program

Website: [www.fns.usda.gov/snap/](http://www.fns.usda.gov/snap/)

Manitou Springs Community Food Pantry

Contact: 719-685-9259, [standrewsmanitou@gmail.com](mailto:standrewsmanitou@gmail.com)

Location: St. Andrew's Parish Hall driveway

# Furniture/Household Items

Genesis Center for Hope

Contact: 719-373-7397, [gencenterofhope@gmail.com](mailto:gencenterofhope@gmail.com)

Location: 2557 Airport Rd, Colorado Springs, CO 80910

Website: [gencenters.org](http://gencenters.org)

# Grief & Loss

## Grief Share

About: A support group to help you move through the grief process

Website: <https://www.griefshare.org>

## Camp Erin – Denver

About: Free weekend bereavement camp for youth (ages 6-17) who are grieving the death of a significant person in their lives

Contact: 720-443-3178, [shimmeringwings3@gmail.com](mailto:shimmeringwings3@gmail.com)

Website: Camp Erin Website

## Judi's House – Denver

About: Helps whole families adjust to loss and prepare for future challenges

Contact: 720941-0331

Location: 10125 E 25th Ave, Aurora 80010

Website: Judi's House Website

## Tragedy Assistance Program for Survivors

About: Caring for the families of America's fallen heroes

Contact: 1-800-959-TAPS (8277), Call 24/7, [info@taps.org](mailto:info@taps.org)

Website: <https://www.taps.org>

## Crystal Givens

About: An advanced Grief Recovery Specialist who uses the Grief Recovery Method to move through grief with support, intention and the tools to truly heal

Contact: 719-641-6959, [crystal@ebbandflowcos.com](mailto:crystal@ebbandflowcos.com)

Website: Read more about Crystal

## Heavenly Hope & Healing

About: Ministry to mothers who lost a child - offering assistance through the grieving process by offering comfort, hope and encouragement

Contact: 719-650-2219

Website: <http://www.heavenlyhopeandhealing.org>

## Heartbeat

About: Support meetings available for those who have lost someone to suicide1st Tues & Wed of every month

Contact: Kevin & Betty Van Thournout, 719-229-9657

Website: <https://www.heartbeatsurvivorsaftersuicide.org/>

# Housing

## Housing First (TESSA)

About: Affordable housing for those who have suffered any kind of domestic violence

Contact: 719-633-1462

Website: <https://www.tessacs.org/>

## Partners in Housing

About: Transitional housing for families experiencing homelessness or at imminent risk of being homeless.

Contact: 719-473-8890

Website: <https://partnersinhousing.org/>

## Salvation Army RJ Montgomery Center (Shelter)

About: Shelter for homeless men, women and children.

Contact: 719-578-9190

Location: 709 S. Sierra Madre Street, Colorado Springs, CO 80903

Website: [https://coloradosprings.salvationarmy.org/colorado\\_springs\\_corps/our-services/](https://coloradosprings.salvationarmy.org/colorado_springs_corps/our-services/)

## Salvation Army (Transitional housing)

About: Transitional housing

Contact: 719-636-3891

Website: [https://coloradosprings.salvationarmy.org/colorado\\_springs\\_corps/our-services/](https://coloradosprings.salvationarmy.org/colorado_springs_corps/our-services/)

## Springs Rescue Mission

About: Homeless shelter for men and women. Doors open at 5pm and close at 10pm

Contact: 719-632-1822

Location: 5W Las Vegas Street, Colorado Springs, CO 80903

Website: <https://www.springsrescuemission.org/winter-homeless-shelter/>

## Urban Peak (Youth ages 15-20) Denver

About: Programs and services to help support youth experiencing homelessness in their journeys toward self-sufficiency.

Contact: 303-974-2908

Location: 1630 S. Acoma Street, Denver, CO 80223

Website: <https://www.urbanpeak.org/services#housing>

#### Oxford House

About: Sober living both men and women with children

Contact: 719-203-4082

Location: 2213 Greenwich Circle W, Colorado Springs, CO 80909

#### Emergency Housing Information and Daily Bed Count

About: Colorado Springs Housing and Help and Resources

Website: [www.coloradosprings.gov/gethelp](http://www.coloradosprings.gov/gethelp)

#### Pikes Peak Habitat for Humanity

Contact: 71-47-7800, [office@pikespeakhabitat.org](mailto:office@pikespeakhabitat.org)

Location: 2802 N. Prospect St, Colorado Springs, CO 80907

Website: <https://pikespeakhabitat.org/homerepairprogram/>

# Human Trafficking

## Reclaiming Hope

Contact: 719-425-9405, [info@reclaiming-hope.org](mailto:info@reclaiming-hope.org)

Location: PO Box 50495, Colorado Springs, CO 80949

Website: <https://reclaiming-hope.org/>

## This is Human Trafficking

Contact: 866-455-5075, [info@thisishumantrafficking.com](mailto:info@thisishumantrafficking.com)

Website: <https://thisishumantrafficking.com/resources/>

# Legal Services

## Justice Center Colorado Springs

Contact: 719-473-6212, [hello@justicecentercos.org](mailto:hello@justicecentercos.org)

Location: PO BOX 429 Colorado Springs, CO 80901

Website: <https://www.justicecentercos.org/>

## Colorado Legal Group (Wills & Final Wishes) - Colorado Springs

Contact: 719-715-2850

Location: 102 S Tejon, Suite 510, Colorado Springs, CO 80903

Website: <https://www.coloradolegalgroup.com/estate-planning/wills/>

## Colorado Legal Group (Wills & Final Wishes) - Denver

Contact: 720-594-7360

Location: 1777 S Harrison St, Suite 1050, Denver, CO 80210

Website: <https://www.coloradolegalgroup.com/estate-planning/wills/>

## Colorado Legal Services- Pro-Bono Lawyers (Colorado Springs)

Contact: 719-471-0380

Location: 102 S Tejon St, Suite 430, Colorado Springs, CO 80903

Website: <https://www.coloradolegalservices.org/get-help/>

## El Paso County Bar Association - Lawyer Referral/Locator

Location: PO Box 0429, Colorado Springs, CO 80903

Website: <https://epcbalawyers.org>

## U.S. News – 11 Steps to Writing a Will

Website: <https://money.usnews.com/money/personal-finance/family-finance/articles/steps-to-writing-a-will>

# LGBT+

## Axis

About: Parenting resources to have conversations with kids

Contact: 719-723-0786

Location: PO Box 3117, Colorado Springs, CO 80904

Website: [Axis.org](http://Axis.org)

## Center for Faith & Sexuality

About: Online courses/resources for families and loved ones

Website: <https://ondemand.centerforfaith.com/>

## Posture Shift

Website: <https://postureshift.com/>

## Book Resources:

- Parenting Without Panic by Rachel Gilson
- People to Be Loved by Preston Sprinkle
- When Children Come Out by Mark Yarhouse
- Gay Girl, Good God by Jackie Hill Perry
- The Daring Rescue by Melinda Patrick
- The First 90 Days by Candice Czubernat
- Our of a Far Country by Christopher Yuen
- God and the Transgender Debate by Andrew T Walker
- Embodied by Preston Sprinkle
- Understanding Gender Dysphoria by Mark Yarhouse
- Affirming God's Image by Alan Branch
- Love, Pray, Listen Parenting your Wayward Adult Kids with Joy by Mark DeMuth

# Medical Services

## Diversus Health (previously known as Aspen Pointe)

About: Addiction services, Counseling services, Crisis services, Psychiatric services

Contact: 719-572-6100, [info@diversushealth.org](mailto:info@diversushealth.org)

Location: 115 S Parkside Drive, Colorado Springs, CO 80910

Website: <https://diversushealth.org/>

## AIDS/Info. Southern Colorado. AIDS Project

About: Medical case management, housing, nutrition support, transportation, financial support, etc

Contact: 719-578-9092

Location: 301 South 8th Street, Suite 200, Colorado Springs, CO 80905

## Catholic Charities Hanifen Center @ Marian House

About: On-site medical services Monday-Friday 10:30am-1:00pm by appointment

Contact: 719-475-7314

Location: 14 West Bijou Street, Colorado Springs, CO 80903

Website: <https://www.ccharitiescc.org/get-help/medical-and-health-services/>

## Center for Hearing, Speech & Language

About: Prevention, diagnosis and treatment.

Contact: 719-597-3390

Location: 1329 N. Academy Blvd, Colorado Springs, CO 80909

## Colorado Springs Pregnancy Center (Multiple Locations)

About: Pregnancy testing, Ultrasounds, Medical Screening, STD testing and treatment, Abortion pill reversal, After-abortion care

Contact: 719-591-2724

Website: <https://cspregnancycenter.com/>

## DNA Testing

About: Paternity tests through Child Support Services

Contact: 719-457-6331

Location: 1675 W. Garden of the Gods Road, Colorado Springs, CO 80907

## Dream Center (Women's Clinic)

About: Cares for uninsured and underinsured women.

Contact: 719-388-1594

Location: 4360 Montebello Dr, Suite 900, Colorado Springs, CO 80918

Website: <https://www.dreamcenters.com>

El Paso County Public Health

Contact: 719-578-3199

Location: 1675 W. Garden of the Gods Road, Suite 2044, Colorado Springs, CO 80907

Health Colorado (Medicaid & CHP+)

Contact: 1-800-221-3943

Peak Vista Homeless (Medical) Clinic

Contact: 719-471-2789

Peak Vista Community Health Centers (Multiple Locations)

Contact: 719-632-5700

Website: <https://www.peakvista.org/>

Memorial Hospital HealthLink (Nurse Advise Line)

Contact: 719-444-2273

Website: <https://www.uchealth.org/services/community-health/healthlink/>

Medicaid Information

Contact: 1-800-221-3943

Website: <https://www.healthfirstcolorado.com/>

Memorial Hospital

Contact: 719-365-5000

Mission Medical Center (Low Income)

Contact: 719-219-3402

Location: 2125 E La Salle St, Colorado Springs, CO 80909

Website: <https://missionmedicalcenter.org/>

National Alliance on Mental Illness

Contact: 719-473-8477

Location: 1615 S. Murray Blvd, Colorado Springs, CO 80916

Website: <https://www.namicoloradosprings.org/>

Open Bible Medical (Clinic & Pharmacy)

About: Open Tuesdays, Thursdays and Saturdays.

Contact: 719-475-0972 or 719-596-449, [clinic@openbiblemedical.org](mailto:clinic@openbiblemedical.org)

Location: 555 E Costilla St, Colorado Springs, CO 80903

Website: <https://openbiblemedical.org/>

PPACG Dental

Contact: 719-471-7080

Peak Vista Dental Health Center

Contact: 719-475-0783

Location: 2828 International Circle, Suite 100, Colorado Springs, CO 80910

Website: <https://www.peakvista.org/location/dental-health-center-international-circle-colorado-springs-co-80910>

Penrose Hospital (CommonSpirit Health) – St Francis

Contact: 719-776-500

Location: 6001 E. Woodman Rd, Colorado Springs, CO 80923

Website: <https://www.mountain.commonspirit.org/location/penrose-hospital>

Rocky Mountain Health Care (Seniors)

Contact: 719-457-0660

Location: 8595 Explorer Drive, Colorado Springs, CO 80920

Website: <https://www.rmhcare.org/>

SET Family Medical Clinics (Family Medicine)

Contact: 719-776-8850

Location: 2864 S. Circle Dr, Suite 450, Colorado Springs, CO 80906

Website: <https://www.mountain.commonspirit.org/location/set-family-medical-clinics>

Tri-Lakes Cares (Monument, Palmer Lake and Northern El Paso)

Contact: 719-481-4864, [info@tri-lakescares.org](mailto:info@tri-lakescares.org)

Location: 235 N. Jefferson St, Colorado Springs, CO 80132

Website: <https://tri-lakescares.org/medical-assistance/>

Westside Cares

About: Offers consultations with an onsite nurse for uninsured and under-insured patients on the west side of El Paso County, Monday-Thursday 9:30 am - 12:30 pm

Contact: 719-389-0759

Location: 2808 West Colorado Ave, Colorado Springs, CO 80904

Website: <https://www.westsidecares.org/get-help/health/>

#### Urgent Care (Pediatric) - Children's Hospital Colorado

About: Urgent and after-hours services (same-day appointments and walk-ins) with multiple locations throughout Colorado

Website: <https://www.childrenscolorado.org/urgent-care-emergency/pediatric-urgent-care/>

#### Child Development Center of Colorado Springs

Contact: 719-574-8300, [info@cdcrehab.com](mailto:info@cdcrehab.com)

Location: 3090 N. Academy Blvd, Colorado Springs, CO 80917

Website: <https://www.cdcrehab.com/>

#### Convenient Care Center - Walk-In Primary Care at Peak Vista

About: Same-day care for minor illnesses and injuries

Contact: 719-632-5700

Location: 3205 N Academy Blvd, Suite 100, Colorado Springs, CO 80917

Website: <https://www.peakvista.org/location/convenient-care-center-colorado-springs-co-80917>

#### Peak Vista Nurse Triage Line

About: Can call to speak with a registered nurse 24/7 if you are having a non-urgent medical need

Contact: 719-632-5700

Website: <https://www.peakvista.org/resources/contact-us>

#### Medicaid/Health First Colorado Nurse Advise Line

About: Provides Health First Colorado (Colorado's Medicaid program) members free medical information and advice, in both English and Spanish, 24 hours a day, every day of the year

Contact: 1-800-283-3221

Website: <https://www.healthfirstcolorado.com/benefits-services/nurse-advice-line/>

## Parkinson's Foundation - Rocky Mountain Chapter

About: Parkinson's Foundation Rocky Mountain makes life better for people with Parkinson's disease (PD) by improving care and advancing research towards a cure. Whether you are newly diagnosed with PD or have been managing it for years, are a care partner, family member or friend of someone with PD, we are here to help you.

Contact: 404-397-1014; 720-850-8299 (local chapter representative's cell);  
RockyMountain@Parkinson.org; kcourington@parkinson.org (local chapter representative's email)

Location: Denver, CO 80230

Website: <https://www.parkinson.org/RockyMountain>

# Member Businesses

## Cookie Cutter Baked Ornaments

About: Ornaments

Contact: Madyson Carmickle

Location: 4440 Ivy Crest Point, Highlands Ranch, CO 80130

## Treated Sweetly

About: Baked Goods (cake pops, cakes, chocolate dipped)

Contact: Robin

Website: [www.treatedsweetlybakery.com](http://www.treatedsweetlybakery.com)

## Hilltop Ranch

About: Cookie Mix Jars

Contact: Rich, Becky & Sarah Caldwell, 719-313-1028

Location: PO Box 1365 Palmer Lake 80133

## Rockrimmon Chiropractic Clinic

About: Christ-centered chiropractic for all ages; physical rehabilitation; auto accident care, shockwave therapy

Contact: Dr. Tim Wright, 719-593-1969

Location: 425 W Rockrimmon Blvd, Suite 100, Colorado Springs, CO 80919

Website: [rockrimmonchiropractic.com](http://rockrimmonchiropractic.com)

## An Apt Word

About: Copy editing, proofreading, ghost writing, writing coach

Contact: Cristina Wright, [anaptword@gmail.com](mailto:anaptword@gmail.com), 719-244-0342

Location: Colorado Springs, CO

Website: [www.launchthemwell.com](http://www.launchthemwell.com)

## A Time to Dance

About: Christian Ballet Studio in Monument

Contact: Jeri Ewing, 719-232-5313

Location: 1808 Woodmoor Dr, Monument, CO 80132

Website: [www.atimetodancecolorado.com](http://www.atimetodancecolorado.com)

## Designs by Janelle

About: Graphic Design and Social Media Management

Contact: Janelle Evangelides, 719-287-8109, [janelle@designsbyje.com](mailto:janelle@designsbyje.com)

Website: [www.designsbyje.com](http://www.designsbyje.com)

#### Thrivent

About: Financial Advisor

Contact: Jeremiah Massey, 719-427-6745, [jeremiah.massey@Thrivent.com](mailto:jeremiah.massey@Thrivent.com)

Website: [connect.thrivent.com/jeremiah-massey](http://connect.thrivent.com/jeremiah-massey)

#### Massey Staining & Epoxy

About: Exterior wood refinishing (decks, fences) and epoxy

Contact: Jedidiah Massey, 254-447-3725

Location: Colorado Springs, CO

Website: [www.masseystaining.com](http://www.masseystaining.com)

#### Lily Sparrow Creations

About: Balloon Creations

Contact: Brandie Vanderwer, 786-262-5422, [brandie@lilysparrowcreations.com](mailto:brandie@lilysparrowcreations.com)

#### Valor Institute for Leadership and Legacy

About: Helps special operations and experienced military professionals and their spouses navigate major life transitions with greater clarity and intentionality through private, structured Life Architecture intensives grounded in faith and focused on vocation, marriage, and family, identity and purpose, wellbeing, and community

Contact: Chris Phillips, PhD, [chris@leadwithvalor.com](mailto:chris@leadwithvalor.com)

Location: Monument, CO

Website: [leadwithvalor.com](http://leadwithvalor.com)

#### Truth Counseling, LLC

About: Truth Counseling provides marriage and individual counseling that is both scientifically validated and scripturally sound. We are committed to helping clients ages 16 and older find healing from the past, hope for the future, and greater freedom to live the life God intended.

Contact: LisaPhillips, LPC

Location: 7660 Goddard St, Suite 210, Monument, CO 80920

Website: [www.truthcounseling.net](http://www.truthcounseling.net)



# Mental Health

## Homeward Pikes Peak

About: Outpatient mental health & substance abuse therapy

Contact: 719-473-5557, [info@homewardpikespeak.org](mailto:info@homewardpikespeak.org)

Location: 2010 E Bijou St, Colorado Springs, CO 80909

Website: <https://homewardpp.org/what-we-do/treatment/outpatient-the-clinic-at-hpp/>

## Diversus Health Lighthouse Walk-In Center

About: Walk in or request an appointment online. Crisis services, counseling, and psychiatric therapy available

Contact: 719-572-6100

Location: 115 S Parkside Drive, Colorado Springs, CO 80910

Website: <https://diversushealth.org/locations/lighthouse-acute-services-and-walk-in-center/>

## IMatter Colorado

About: Free online therapy for youth. Up to six sessions with a licensed therapist

Website: <https://imattercolorado.org>

## The Son and Reins Ranch

About: Therapeutic horseback riding with a trained facilitator

Contact: 720-237-1235, [thesonandreinsranch@gmail.com](mailto:thesonandreinsranch@gmail.com)

Website: [www.thesonandreinsranch.org](http://www.thesonandreinsranch.org)

## Trauma Reboot

About: A 12-week course providing practical help to anyone dealing with crisis or trauma, particularly military and first responders

Contact: [cos.rebootrecovery@outlook.com](mailto:cos.rebootrecovery@outlook.com)

Website: <https://rebootrecovery.com/join/>

# Mom & Baby

## Connections 4 Life Center

About: Providing support and food for those in need

Contact: 719-387-9919

Location: 501 E Iowa Ave, Fountain, CO 80817

Website:

# Moving

Christian Brothers Moving and Storage

About: 15% Discount- Packing, loading, delivering. \*Please mention that you are New Life Church Congregants to be given the discount

Contact: 719-645-5113

Website: [www.cbmovingandstorage.com/](http://www.cbmovingandstorage.com/)

# Pornography/Infidelity

## Men's Fireteam

Website:

[https://newlifecolorado.ccbchurch.com/goto/groups/public/?campus\\_id=1&department\\_id=1](https://newlifecolorado.ccbchurch.com/goto/groups/public/?campus_id=1&department_id=1)

## Hopeful Mom - The Impact of Betrayal Trauma on Parents

Website: <https://hopefulmom.net/the-impact-of-betrayal-trauma-on-parents/>

## Marriage after Affair

Website: <https://www.affairrecovery.com/product/ems-weekend>

## Book Resources:

- Partner Betrayal Trauma – A book for women whose husbands struggle with pornography (also great for men)
- Clean – (For the one struggling with pornography)
- Quenched – For Women who are struggling with pornography

# Single Parents

Single Mom Assistance

Website: [https://www.singlemomassistance.org/city/co-colorado\\_springs](https://www.singlemomassistance.org/city/co-colorado_springs)

# Suicide Resources

## El Paso County Mental Health Resource Guide

Website: <https://spcollab.org/wp-content/uploads/2022/07/MentalHealthResources-Guide-V3.pdf>

## Colorado Crisis Services and National Suicide Prevention Line

Contact: Call or text 988

Website: <https://www.988colorado.com/en>

## Safe2Tell

Contact: 1-877-542-7233

Website: <https://safe2tell.org/>

## Eating Disorder Care

Contact: 303-771-0861

Website: <https://eatingdisorder.care/locations/denver/>

## Domestic Violence Hotline

Contact: 1-800-799-7233

Website: <https://www.thehotline.org/>

## TESSA

Contact: 719-633-3819

Website: <https://www.tessacs.org/>

## Sexual Assault Hotline

Contact: 1-800-656-4673

Website: <https://rainn.org/>

## NAMI- Support Groups

About: Mental Health Support

Contact: 719-473-8477

Website: <https://www.namicoloradosprings.org/>

## Pikes Peak Suicide Prevention

Contact: 719-573-7447

Website: <https://www.pikespeaksuicideprevention.org/>

#### Survivor Support

Contact: 719-229-9657

Website: <https://www.heartbeatsurvivorsaftersuicide.org/>

#### iMatter

About: Providing up to six counseling sessions for students

Website: <https://imattercolorado.org/>

#### Helpful Videos

About: Mindfulness video

Website: [www.youtube.com/watch?v=vzKryaN44ss](http://www.youtube.com/watch?v=vzKryaN44ss)

#### Seize the Awkward

About: Conversation starters for students to talk to their friends about mental health

Website: <https://seizetheawkward.org/>

#### Apps for Phones

About: Your 3 People: My 3; Not Ok; Elijah, Meditation: CALM; Headspace;  
Switch App

#### Trauma Reboot

Contact: [cos.rebootrecovery@outlook.com](mailto:cos.rebootrecovery@outlook.com)

Website: <https://rebootrecovery.com/join/>

#### The BREATHE Retreat

About: For parents of children with mental health issues

Website: <https://www.hopeforbrightertomorrow.org/breatheretreats>

# Transportation

## Fountain Valley Senior Center (Seniors)

Contact: 719-600-2644

Website: <https://fvscenter.org/>

## Mountain Metro Mobility (Disabled)

Contact: 719-385-7433, [mmobility@coloradosprings.gov](mailto:mmobility@coloradosprings.gov)

Website: <https://coloradosprings.gov/mountain-metro-mobility-hub>

## Silver Key Para Transit (Seniors)

Contact: 719-884-2300

Location: 1625 S. Murray Blvd, Colorado Springs, CO 80916

Website: <https://www.silverkey.org/services/reserve-ride/>

## Envida (formerly Amblicab)

Contact: 719-633-4677

## Blue Skies (formerly known as Sunrise LTD)

About: Can ride with kids and transport to Denver/Pueblo available with appropriate forms. Great for homeless patients with no address/phone number.

Call with at least 48 hrs, availability varies. Medical appt, dental, PT, Dialysis, Prenatal appt., Radiation, Lab appt., Mental Health appt., Outpatient surgery, Hospital discharge

Contact: 719-357-9070

Website: <https://www.blueskiestransportation.com/about-us/>

## Delta Transportation

About: Covers 11 counties including El Paso, Denver, Park, Elbert) wheelchair accessible. Call at least 5 days in advance, or call for availability, no registration required

Contact: 720-338-8398, [info@mydeltatransport.com](mailto:info@mydeltatransport.com)

Website: <https://mydeltatransport.com/>

## Axel Medical Transportation

About: Medicaid Non-emergent medical transportation, medical appointments, physical therapy, vision, dental, dialysis, mental health, wheelchair, can schedule online.

Contact: 719-59-9999, [axtransit@gmail.com](mailto:axtransit@gmail.com)

Location: 5180 N. Union Blvd Suite, 203, Colorado Springs, CO 80918

Website: <https://www.axtransit.com/>

#### Transit 2 Care

About: Call 24hrs ahead. Will bill Medicaid. Wheelchair access with bus transport. Transport to COS, Den, Pueblo, and Canyon City

Contact: 719-644 6005, [cs@transit2care.com](mailto:cs@transit2care.com)

Location: 2860 S Circle Dr, Suite 239, Colorado Springs, CO 80906

Website: <https://www.transit2care.com/>

#### Ztrip Taxi

Contact: 719-766-4567

Location: 1208 N. Circle Dr, Colorado Springs, CO. 80909

Website: <https://ztrip.com/colorado-springs/>

#### Med Ride

Contact: 719-545-3333

Location: 6005 Delmonico Drive, Suite 200, Colorado Springs, CO 80919

Website: <https://medridecolorado.com/>

#### Goodwheels

Contact: 719-635-4483

Location: 1460 Garden of the Gods Road, Colorado Springs, CO 80907

Website: <https://goodwillcolorado.org/services/community-transportation/>

#### Meek Transportation (Medical)

Contact: 719-602-5103, [info@meektransportation.com](mailto:info@meektransportation.com)

Website: <https://www.meektransportation.com/index.html>

# Utility Assistance

## Catholic Charities (Hanifen Center @ Marian House)

Contact: 719-475-7314

Location: 14 W Bijou St, Colorado Springs, CO 80903

## Community Outreach Center

Contact: 719-347-7638

Location: 328 10th Street Calhan, CO 80808

Website:

[https://calhan.co/community/health\\_services/community\\_outreach\\_center.php](https://calhan.co/community/health_services/community_outreach_center.php)

## Energy Resource Center

Contact: 719-591-0772

Location: 540 E Cimarron St, Colorado Springs, CO 80903

Website: <https://erc-co.org/>

## Holy Cross Lutheran Church

Contact: (719) 596-0661

Location: 4125 Constitution Ave, Colorado Springs, CO 80909

Website: <https://holycrosscs.org/>

## LEAP

Contact: 1-866-HEAT-HELP

Website: <https://cdhs.colorado.gov/leap>

## Mercy's Gate

Contact: 719-277-7470

Location: 4360 Montebello Dr, Suite 300, Colorado Springs, CO 80918

Website: <https://mercysgatecs.org/>

## Project COPE

Contact: 719-448-4800

Website: <https://projectcopecs.org/>

## Red Cross

Contact: 719-632-3563

Location: 1040 S 8th St, Colorado Springs, CO 80905

Website: <https://www.redcross.org/local/colorado/about-us/Locations/southern-colorado.html>

#### Salvation Army

Contact: 719)-36-3891

Location: 908 Yuma Street, Colorado Springs, Colorado 80909

Website: [https://coloradosprings.salvationarmy.org/colorado\\_springs\\_corps/overcome-poverty/](https://coloradosprings.salvationarmy.org/colorado_springs_corps/overcome-poverty/)

#### Silver Key Senior Services

Contact: 719-884-2300

Location: 1625 S Murray Blvd, Colorado Springs, CO 80916

Website: <https://www.silverkey.org/>

#### Tri-Lakes Cares (Tri-Lakes area and District 38)

Contact: 719-481-4864, [info@tri-lakescares.org](mailto:info@tri-lakescares.org)

Location: 235 Jefferson St, Monument, CO 80132

Website: <https://tri-lakescares.org/>

#### Westside Cares

Contact: 719-389-0759

Location: 2808 W Colorado Ave, Colorado Springs, CO 80904

Website: <https://www.westsidecares.org/>

# Veteran's Services

## Mt Carmel Veterans Service Center

Contact: 719-772-7000

Location: 530 Communication Circle, Colorado Springs, CO 80905

Website: <https://www.veteranscenter.org/>

## Rocky Mountain Human Services

Contact: 1-855-VETS-HAV

Website: <https://www.rmhumanservices.org/hav>

## Veterans Administration

Contact: 1-800-698-2411

Location: 3141 Centennial Blvd, Colorado Springs, CO 80907

Website: <https://www.va.gov/eastern-colorado-health-care/>

## Tragedy Assistance Program for Survivors

Contact: 1-800-959-TAPS (8277), [caregroups@taps.org](mailto:caregroups@taps.org)

Website: <https://www.taps.org/resources/>

## Veterans Health and Trauma Clinic (will also assist police)

Contact: 719-255-8003, [vhtc@uccs.edu](mailto:vhtc@uccs.edu)

Location: 4863 N Nevada Avenue, Colorado Springs, CO 80918

Website: [www.healthcircle.uccs.edu/veterans-health-and-trauma-clinic](http://www.healthcircle.uccs.edu/veterans-health-and-trauma-clinic)

## Headstrong

Contact: [info@theheadstrongproject.org](mailto:info@theheadstrongproject.org)

Location: 4504 162nd St, Suite 203, Flushing, NY 11358

Website: <https://theheadstrongproject.org/>

## Valor Institute for Leadership and Legacy

About: Helps special operations and experienced military professionals and their spouses navigate major life transitions with greater clarity and intentionality through private, structured Life Architecture intensives grounded in faith and focused on vocation, marriage, and family, identity and purpose, wellbeing, and community

Contact: Chris Phillips, PhD, [chris@leadwithvalor.com](mailto:chris@leadwithvalor.com)

Location: Monument, CO  
Website: [leadwithvalor.com](http://leadwithvalor.com)